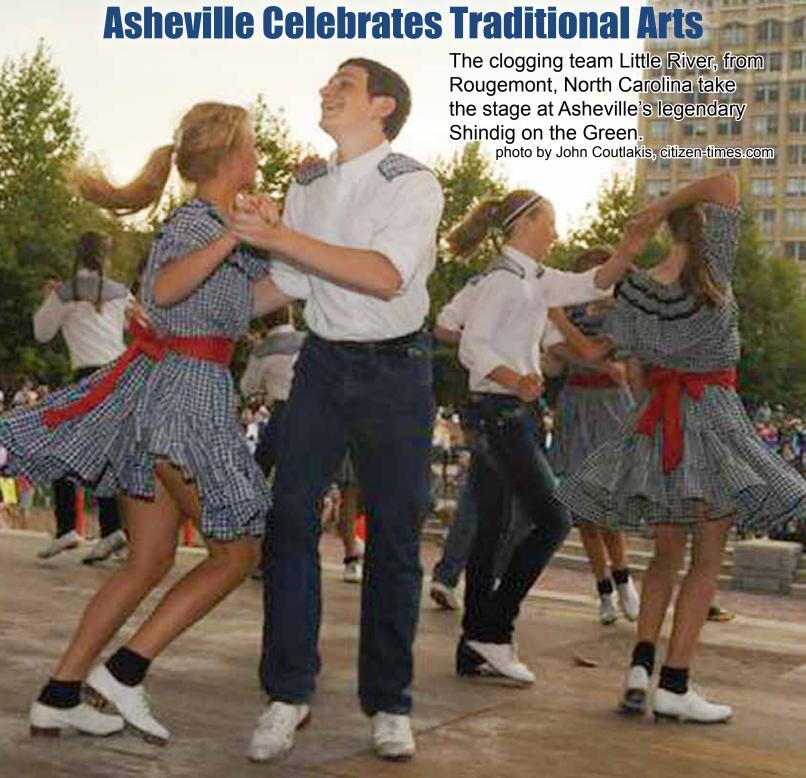
The Magazine of Clogging Since 1983

Www.doubletoe.com September/October 2014

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www.doubletoe.com

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footprint

Facing Your Fears

It's Halloween! That time of year when folks curl up on the sofa to watch their favorite scary movie, and kids of all ages dress up in costumes and hold parties to celebrate the darkest holiday of the year, seeking treats instead of tricks.

Halloween forces many of us to face those universal fears... fear of the dark, of the unknown, of monsters and creatures who quietly lurk under the bed, or who horrifyingly chase us with chain saws.

The exhilaration of a good scare and the sense afterword can be a pretty emotionally satisfying experience. Knowing that we made it through the corn maze or haunted house unscathed is a "boo yeah" that most all of us have experienced in our lives.

However, facing the everyday fears that hold us back in our daily or professional lives are not as easy to conquer. Whether it be gaining the confidence to deal with a personal or team situation that has caused conflict for some time, or just finding the inner strength to not be held back in your own development can be a paralyzing predicament for many of us.

I know from my own personal experience that sometimes we think it is easier to keep the status quo or to just go along or to not address the conflicts in our lives than to deal with the aftermath and consequences of ridding yourself of toxic people and situations in your life. I can tell you whole-heartedly that once you face your fears and stand up for yourself, you will wonder how you wasted so much time being held back.

Ralph Waldo Emerson wrote, "He who is not everyday conquering some fear has not learned the secret of life."

Don't spend your days afraid to take the steps you need to find the success that you deserve.

Happy Clogging! Jeff Driggs, Editor

If you enjoy the editorials in the Double Toe Times, let us know about it. Email us with your opinions and ideas at doubletoetimes@aol.com



clogmunication

sharing your emails, letters and clogging correspondence

Honoring Miss Olivia

Thank you so much for sending the Little General Cloggers copies of the magazine including the article about the retiring of the team and the passing of our beloved founder, Miss Olivia Smathers. (May/June 2014 Double Toe Times.)

The family will be having their family reunion in October and we are excited to share the article with them.

We continue to miss Miss Olivia, the memories of all of the years of dancing together, and our regular practice nights, which are now a thing of the past.

She was truly "one in a million." Without her foresight, we could never have made all of the accomplishments that we did.

Continue to think of us as we find different directions in our lives.

Judy Campbell Past Assistant and CFO Little General Cloggers, Georgia

Dear Judy:

Thanks so much for all of the information that was sent to us by members of the team to do the article and honor this group and its founder, who impacted clogging in such a positive and powerful way.

The Little General Cloggers performed for Presidents and heads of state, were regulars on the Grand Ole Opry and in countless festivals and represented the United States and the art of clogging around the world.

Our debt to Miss Olivia Smathers and to the generations of dancers who were a part of this amazing program through the years is immeasurable.

We wish you all the best as you move forward and please keep in touch and know that the clogging world honors and treasures you all.

We hope to see you somewhere on the dance floor someday!

Jeff Driggs, Editor

Brotherly Love

My name is Montana Hale and I clog in the group Taps in Motion from Owingsville, Kentucky. I recently saw on Facebook where your brother had been in a motorcycle accident and I just wanted to let you know that I've been keeping not only him but you and your family in my prayers as well.

"God is our refuge and strength, an ever present help in trouble." Psalms 46:1

Montana Hale Owingsville, Kentucky

Dear Montana:

Thanks so much for your letter. The response from the clogging family to my brother's accident has been amazing.

My older brother Phillip was riding his motorcycle when a dog ran into the road and caused him to wreck. He was thrown from his bike into the opposing lane and was run over by a motorist. He had multiple fractures and has endured several surgeries to add pins and metal to his legs and shoulder and is requiring extensive therapy. He is a real fighter and is already standing and taking steps.

Prayers work and we are so grateful for all of those who have posted, messaged and called. It means so much to all of us.

Jeff Driggs, Editor

We would like to hear from you!

Send your emails to doubletoetimes@aol.com or write to us at: Double Toe Times P. O. Box 1352 St. Albans. WV 25177-1352



Calendar of Clogging Events The Double Toe Times lists clogging events as a free service to the clogging community.

Events are listed by date and category and are recognized by the following symbols: (W) = Workshop, (C) = Competition, (D) = Dance Only, (T) = Training Seminar (P) = Performance, Exhibitions or Concert Submitting an event is easy... just visit the Double Toe Times website at www.doubletoe.com and click on "Events." You may also email doubletoetimes@aol.com with the title "Clogging Event." Call or email today to advertise!

Workshops September 2014

Sep 5-6, 2104 Florida Clogging Council State Convention (W) Melbourne, FL Eau Gallie Civic Center Instructors TBA Info:

Floridacloggingcouncil.org

Sep 5-6, 2014

Clogging & Folk Festival (WP) Mountain View, AR Inst: TBA Info: 870-269-3851 ozarkfolkcenter.com

Sep 12-14, 2014

New Zealand Clogging Association 18th National Clogging Convention (W) Nelson, New Zealand Brightwater Public Hall Inst: Dell Sutcliffe nzclogging.webs.com

Sep 13-14, 2014

Cloghop 2014 (W) Renegade Quicksteppers 25th Anniversary Celebration Leinfelden, Germany Walter-Schweizer Kulturforum Inst: Jeff Driggs, Shane Gruber Info: www.quicksteppers.de

Sep 19-20, 2014

Fontana Clogging Jamboree (WP) Fontana Village, NC Inst: Jeff Driggs, Naomi Pyle Scotty Bilz, Chip Summey, Barry Welch, CJ Tate Fontana Village Resort Info: Jeff Driggs (304) 776-9571 ccajeff@aol.com Naomi Pyle (812) 579-6979 Naomi_p@sbcglobal.net fontanaworkshop.com

Oct 2014 Competitions Oct 18, 2014 For more information on

Nashville, IN

Inst: Jeff Driggs, Naomi Pyle &

more TBA

Seasons Resort &

Conference Center

Info: Naomi Pyle

(812) 579-6979

Naomi_p@sbcglobal.net

Nov 2014

Nov 1, 2014

Appalachian Stomp (W)

Purcellville, VA

Inst: Missy Shinoski, Melissa

Pack

AppalachianStomp.com

Nov 14-16, 2014

Hickory Hoedown (W,C)

Hickory, NC

Info: AJ & Jill Kirby

Hickory Metro Conv. Ctr.

(828) 396-2052

simscountrycloggers@

yahoo.com

clognc.com

Nov 26-29, 2014

28th Annual C.L.O.G.

National Clogging

Convention (W)

Thanksgiving Weekend

Location TBA

info: David & Susan

Phillips

(678) 889-4355

clog@clog.org

clog.org

Jan 2015

Jan 23-24, 2015

Oregon Mid-Winter

Festival (W)

Albany, Oregon

Dances and Saturday

Workshop Featuring Shane Gruber

Info: Rick and Lauri

Weidenhaft

(541) 747-7780

Rick.weidenhaft@

comcast.net

sanctioned competitions, visit the major sanctioning organization's websites at: ACHF = America's Clogging Hall of Fame achfclog.com CCA = Clogging Champions of

America ccaclog.com NCHC = National Clogging and Hoedown Championships clog.org CAD = Cadence clogcadence.com

September

2014 Sep 5-6, 2014

North Carolina Mountain Carver Community Center State Fair Clogging Competition (C) (ACHF) Fletcher, NC WNC Ag Center Info: Dianne Loftin 864-277-0553 dloftin01@ gmail.com

Oct 5, 2014

Accelerate Clogging Competition (C) (CAD)

Sevierville, TN

Sevierville Convention Center Info: Amanda Barwick acceleratecompetition@ gmail.com

Sep TBA, 2014

First Coast Classic (C) (NCHC) Jacksonville, FL Info: Anne Lanier (904) 705-8766 alanier821@aol.com

Sep 20, 2014

Magic Feet Ultimate Challenge (C) (ACHF) Thomasville, NC T Austin Finch Auditorium Info: Kody Shaw 336-431-0628 or 336-954-9001 magicfeetdanceco@gmail.com

Sep 27, 2014

The Challenge (C) (CCA) Charlotte, NC Info: Chip & Misty Harrison (704) 685-3268 tncelite@gmail.com

Oct 2014 Oct 4, 2014

Castaway Clogging Festival (C) (CAD)

Myrtle Beach, SC

Socastee High School Auditorium Info: Derek Starnes detonationdancestudio@ gmail.com

Oct 4, 2014

Top Dog Clogging Classic (C) (CAD) Omaha, NE

The Salvation Army Kroc Center 2825 Y Street Omaha, NE 68107

Info: Missy Shinoski kloghop@sbcglobal.net 816-694-3582

Oct 18, 2014

Deep South Dance Off (C) (CCA) Georgia Info: Heather Kohberger (678) 245-2725 h.kohberger@gmail.com Blake Dunn (417) 598-2199

Oct 24-26, 2014 ACHF Annual World

Championships (C) (ACHF) Spartanburg, SC Spartanburg Memorial Auditorium Info: Jimmy Loveless 301-884-5830 Ellis Perry 919-484-0623 Dianne Loftin 864-277-0553

www.achfclog.com

Nov 2014 Nov 1-2, 2014

Indiana Fall Classic Clogging Championships (C) (CCA) Columbus, IN Clarion Hotel & Conference Center Info: Jeff Driggs 304-610-6254 ccajeff@aol.com Naomi Pyle 812-343-3285 Naomi_p@sbcglobal.net cloggingcontest.com

Nov 8, 2014

CCA Mountain Classic (C) (CCA) Columbus, NC Info: Rhonda Wallen (864) 814-0096 rwallen543@charter.net Lynne Ogle (865) 805-7025 ccalynne@aol.com

Nov 8, 2014

Tiger Town Invitational (C) (ACHF) Central, SC D.W. Daniel High School Info: Ben or Sharon Finley 864-868-9788 sfinley@bellsouth.net Lauren Ann Brady bradyla07@yahoo.com or Cullen Finley wcfinley@bellsouth.net 864-952-9930

Dec 2014 Dec 13, 2014

Fusion Winter Fest (C) (ACHF) Newton, NC Moretz Business Center Info: Stefanie Grubbs 336-918-6269 stefaniegrubbs@gmail. com

Jan 2015 Jan 17, 2015

Oak City's Winter Invitational (C) (ACHF) Louisburg, NC Seby B. Jones Performing Arts Center Info: Tayler Gentle 919-413-6605 oakcitycloggers@gmail. com

Jan 23-24, 2015

CCA Showdown of Champions (C) (CCA) Knoxville, TN Knoxville Civic Auditorium Info: Lynne Ogle 865-805-7025 ccalynne@aol.com ccaclog.com

Feb 2015 Feb 7, 2015

Capital City Clogging Classic (C) (ACHF) Columbia, SC Columbia Convention Center Info: Heather Vassey 828-320-9095 ccitycloggers@gmail.com

Feb 7, 2015

NC State Clogging Challenge (C) (CAD) Raleigh, NC North Carolina State University Talley Ballroom Info: clogcadence.com

Feb 21, 2015

Bailey Mountain Clogging Classic (C) (CAD) Mars Hill, NC Moore Auditorium Info: Danielle B. Plimpton **Bailey Mountain Cloggers** 828-689-1113 dbuice@mhu.edu

Mar 2015 Mar 13, 2015

Smoky Mountain Encore (W.C) (CCA) Gatlinburg, TN **Gatlinburg Convention**

Center Info: Lvnne Oale 865-805-7025 ccalynne@aol.com ccaclog.com

Mar 14-15, 2015

South Carolina Clogging Council Workshops and Competition (W,C) (ACHF) Info: Dianne Loftin 864-277-0553 dloftin01@gmail.com

Mar 23, 2015

Winter Clogging Invitational (C) (NCHC) Saluda, NC Info: Chip Summey Ncjcs@aol.com

Mar 29, 2015

Northeast Clogging Convention and Competition (W,C) (NCHC)

Nashua, NH Info: Beth Kendall 802.439.3349 www.freewebs.com/necc Brian Tucker btucker730@aol.com

Apr 2015 April 3-4, 2015

City Slicker Stomp Competition (C) (NCHC)
Independence, MO
Info: Missy Shinoski
kloghop@sbcglobal.net
www.CitySlickerStomp.
Info

Apr 11, 2015

Southern Junction Clogging Championships (C) (ACHF)
Piedmont, SC
Wren High School Auditorium
Info: Gwen Davis
864-299-8601
gwen@southernjunctioncloggers.com

Apr 25, 2015

Appalachian Clogging
Classic (C)
(ACHF)
Clyde, NC
Haywood Community College Auditorium
Info: Dianne Loftin
864-277-0553
dloftin01@gmail.com

May 2015May 16, 2015

Beach Blast Rocky (C) (ACHF) Point, NC Cape Fear Middle School Info: Jessica Larson 910-604-0879 missjessica@dancerscornerstudio.com

May 22-24, 2015

World of Clogging
Workshop & Dance
Championships (W,C)
Cincinnati, OH
Cincinnati Airport Marriott
Info: Jeff Driggs or Hanna
Healy
(304) 776-9571
worldofclogging@aol.com
worldofclogging.com

Jun 2015 Jun TBA 2015

Big Horn Mountain Showdown (C) (NCHC) Buffalo, WY Info: Shanell Hatch 307-620-0282 shanellhatch@yahoo.com

Jun TBA 2015 The Power All Star Chal-

lenge (C)
(NCHC)
Woodstock, GA
Info: Ryan & Marci
Rickard
770-710-1152
ryanrickard@comcast.net
marci@powertapsclogging.com

Jun TBA 2015

Explosion Clogging Championships (C)
(NCHC)
Cherokee, NC
Info: Matt & Kelly Sexton
423-282-5065
& 423-676-1305
DancExpCloggers@aol.
com

Jun 6, 2015

Mars Hill University Championships (C)
(ACHF)
Mars Hill, NC
Moore Auditorium
Info: Danielle B. Plimpton
Bailey Mountain Cloggers
828-689-1113
dbuice@mhu.edu

Jun 21, 2015

Grand Challenge of Champions (C) (NCHC) Branson, MO Info: David and Susan Phillips 678-889-4355 gnccclog@gmail.com gnccclog.webs.com

Jun 27, 2015

Carolina Fusion's Summer Shindig (C) (ACHF) Lexington, NC Edward C. Smith Civic Center Info: Stefanie Grubbs 336-918-6269 stefaniegrubbs@gmail.

Jul 2015 Jul 25, 2015

Orange County Clogging
Competition (C)
(ACHF)
Orange, VA
Orange County High
School
Info: Allen & Kim Snow
540-222-6372
orangeclogersva@gmail.
com

Aug 2015 Aug 1, 2015

Summer Fest Competition (C)
(ACHF)
Easley, SC
Easley High School
Info: Dianne Loftin
864-277-0553
dloftin01@gmail.com

Aug 22, 2015

Sound FX Clogging
Championships (C)
(ACHF)
Lincolnton, NC
James W. Warren Citizens Center
Info: Dianne Loftin
864-277-0553
dloftin01@gmail.com
or Quinn Stansell
704-418-8047
qstansell@carolina.rr.com

Sep 2015 Sep 4-5, 2015

North Carolina Mountain State Fair Clogging Competition (C) (ACHF) Fletcher, NC WNC Ag Center Info: Dianne Loftin 864-277-0553 dloftin01@gmail.com

Sep 19, 2015

Magic Feet Ultimate Challenge (C)
(ACHF)
Info: Kody Shaw
336-431-0628
or 336-954-9001
magicfeetdanceco@gmail.

Oct 2015

Oct 23-25, 2015
ACHF Annual World
Championships (C)
(ACHF)
Info: Jimmy Loveless
301-884-5830
Ellis Perry
919-484-0623
Dianne Loftin
864-277-0553

Nov 2015

Indiana Fall Classic
Clogging Championships
(C)
(CCA)
Columbus, IN
Clarion Hotel &
Conference Center
Info: Jeff Driggs
304-610-6254
ccajeff@aol.com
Naomi Pyle
812-343-3285
Naomi_p@sbcglobal.net
cloggingcontest.com



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Lou Maiuri 304-872-5803 304-619-5803 cell Imaiuri@frontier.com

Sanctioned Events

2014

September 5-6, 2014

North Carolina Mountain State Fair Clogging Competition – Fletcher, NC Event Location: WNC Ag Center 1301 Fanning Bridge Rd, Fletcher, NC 28732 Contact: Dianne Loftin – 864-277-0553 dloftin01@gmail.com

September 20, 2014

Magic Feet Ultimate Challenge
Thomasville, NC - T Austin Finch Auditorium
406 Unity St, Thomasville, NC 27360
Contact: Kody Shaw – 336-431-0628 or 336-954-9001
magicfeetdanceco@gmail.com

October 24-26, 2014

ACHF Annual World Championships – Spartanburg, SC Spartanburg Memorial Auditorium 385 North Church St, Spartanburg, SC 29304 Contact: Jimmy Loveless 301-884-5830 Ellis Perry 919-484-0623 – Dianne Loftin 864-277-0553

November 8, 2014

Tiger Town Invitational – Central, SC D.W. Daniel High School 1819 Six Mile Hwy, Central, SC 29630

Contact: Ben or Sharon Finley – sfinley@bellsouth.net – 864-868-9788 Lauren Ann Brady – bradyla07@yahoo. com or Cullen Finley – wcfinley@bellsouth.net 864-952-9930

December 13, 2014

Fusion Winter Fest – Newton, NC Event Location: Moretz Business Center 514 West 21st Street, Newton, NC 28658 Contact: Stefanie Grubbs – 336-918-6269 stefaniegrubbs@gmail.com

www.achfclog.com

Funded in part by the Maggie Valley CVB/Chamber, The Haywood County TDA, and Hammond Rentals of Moncks Corner, SC

Asheville's Shindig Keeping Clogging Traditions Alive

by Carol Rifkin, Citizen-Times correspondent

Loretta Freeman is an All-American clogger. Co-chair of Asheville's Folk Heritage Committee, which produces Asheville's Shindig on the Green and the Mountain Dance and Folk Festival. Freeman heads up the Shindig this year, along with long-time committee member Jerry Sutton.

Freeman comes from a long line of musicians and dancers, and now she's helping to organize the events she grew up with. Shindig, a free show in Pack Square, begins each year at the end of June and runs most Saturdays through August.

"My first memories of music and dance are Shindig and the Mountain Dance and Folk Festival." Freeman said. "We got to stay up really late and it was fun, wonderful. The whole family would go."

Her family goes way back in the fine art of mountain culture. with generations of family members who perform. Father Gordon Freeman, from Madison County, picked up the fiddle at age 13 and became one of the region's best-known mountain style square dance fiddlers before he passed away in 2004.

Uncle Arvil Freeman performs with the Stoney Creek Boys as the house fiddler

at Shindig on the Green and works to keep the traditional dance tunes of the region alive and well.

Brother Terry Freeman was a gifted banjo player and well-known member of the music community until his death in 2000. Oldest brother Vono Freeman is an accomplished guitar and fiddle player.

It doesn't stop here — Loretta Freeman's passing it on. Daughter Lauren Rice likes clogging and has danced with Southern Mountain Fire and other teams.

Son Dexter Rice is studying engineering in Charlotte. He doesn't dance but plays guitar and hopes to pick like his grandfather some day. Dancing since she was 7 years old, daughter Lynsey Coates, at age 25, is an award-winning clogger.

"Lynsey is an All-American Clogger and has

won some of the same awards and more than me," said Freeman, who is also an All-American Clogger and explained that the title is awarded by the National Clogging Hall of Fame. "It's part of our heritage, you don't see it like this anywhere but here in the mountains."

As part of the Folk Heritage Committee, Freeman helps make sure it continues. Only teams that adhere to tradition are invited to perform at these events, helping to ensure it survives for the next generation. Mostly, Freeman said, it's just really fun.

"When you dance you feel good, you are

happy," Freeman said. "Your body just moves to

(Continued on page 10)

Photo: Steve Dixon, Citizen-Times





Shindig on the Green

(Continued from page 8)

the music; you can put your heart and soul into it."

Growing up in Alexander, she recalls dancing with Jim and Arlene Kesterson's Blue Ridge Mountain Dancers for the first time at around age 14.

"Uncle Arvil and dad would go out there to Hendersonville together to play for us," Freeman said. With them playing music, the beat was always just right.

From her freshman year of high school on, she danced with the North Buncombe High School clogging team, competing and performing in local and regional events. Later, while raising three children, she attended Mars Hill College and danced with the Bailey Mountain Cloggers and also founded the Red Oak School Clogging team in Weaverville.

Competing with teams, she was able to enter individual competitions and won awards including first place flatfoot and different age group categories, first place buckdancing, overall champion-individual dancer.

"Clogging, in my opinion, is a repetitious beat with people dancing together," Freeman said. "Buckdancing is more a free for all. You can kick your heels up high, jump and click them out to the side, there's more kicking. Flatfooting, you don't bring your feet more than 2 inches off the floor but you carry a great beat."

Growing up, Freeman said, she heard flatfooting is the oldest form of mountain dance because back in the day when women were not allowed to dance in public, they would barely move their feet, keeping them close to the floor and attracting little attention.

"There is such a friendliness to the people who are involved in music and dance, it's phenomenal," said Freeman, who is proud of her long family heritage and cites her father as her greatest influence.

"People should come to Shindig and see what its all about and get a taste of it," Freeman said.





The clogging team Little River, from Rougemont, N.C. take the stage for the Shindig on the Green as a large crowd gathered at Pack Square Park "right about sundown" on a warm August Saturday. John Coutlakis, citizen-times.com



The Doubletoe Times Magazine of Clogging

Oktober 18, 2014

27th ANNUAL CLOGGING DANCE WORKSHOP with

Naomi Pyle, Jeff Driggs, Barry Welch, Trevor DeWitt & introducing Chris Phelps





Nashville, Indiana in beautiful Brown County

Nashville, Indiana is similar to a small Gatlinburg - lots of unique shops and restaurants and Brown County is known for it's beautiful fall foliage)

Fees: Pre-registration \$30.00 (\$5.00 higher at the door) Spectator \$5.00 Video Camera \$10.00 Syllabus \$7.00 Schedule: Workshops 9:00 am to 4:30 pm Fun Dance & Exhibitions 7:30 - 9:30 pm

Enjoy clogging classes from our staff in all levels, from easy to advanced, plus master classes in hip-hop dancing, west coast swing and east coast swing!

Exhibitions are welcomed!

Pre-registation cut-off is October 6, 2014 - No refunds after that date Hotels in Nashville:

Seasons Inn (Host Hotel) 812/988-2284, Brown County Inn 812/988-2291, Salt Creek Inn 812/988-7888 (There are also hotels in Columbus, IN - only 15 minutes from Nashville)

Note: Make your hotel reservations early. It is Fall foliage time in Brown County and hotels fill up quickly!

For more info: 812-579-6979 Naomi_P@SBCGlobal.net Naomi Fleetwood-Pyle, 10720 E. Legal Tender Rd., Columbus, IN 47203

OktoberCLOGfest Registration Form

Name	Dancers	@\$30.00	\$
Address	Spectators	@\$ 5.00	\$
City, STZip	Syllabus	@\$ 7.00	\$
Phone(s)	Video Cameras	s@\$10.00	\$
Email	Total Enclosed		\$

Send completed forms with payment to Naomi Pyle 10720 E. Legal Tender Rd. Columbus, IN 47203

Cloggers can definitely go to new heights when they hit the dance floor. These dancers show off some fancy footwork that defies gravity:

Right: ALL THAT (L to R) Mark Clifford, Brad Berry, Mike Curtis and Harrison Barnes, jump into performances nightly at the Carolina Opry in Myrtle Beach, South Carolina.

Below: Metronomes members and current and alumni members of the Hatfield McCoy dinner show cast from Pigeon Forge, Tennessee jump through their own legs. (L to R) Russell Eldridge, Drake Elkin, Ethan Stewart.

Next Page Left and Center: Brayden Chunn, of Greenbrier, Tennessee lifts off during his national champion winning clog dance at the Smithville Fiddlers Jamboree held in Smithville, Tennessee.

CATCHING SOME A

Cloggers Step Up Their Game With Some Fancy Footwork

Far Right: Brenna Shobe, of Point Pleasant, West Virginia kicks up her heels with her fellow dancers from the Riverside Cloggers. The group does exhibitions and competitions and Brenna loves to clog as you can see.

Bottom of Next
Page: Members of
the national award
winning Bailey
Mountain Cloggers
of Mars Hill College
in Mars Hill,
Tennessee bell kick
for joy. (L to R) Jesse
Beck, Paul Melville,
Kaitlyn Hedrick and
Joe Barron. Joe
recently launched a
YouTube channel for
cloggers.





MANAGING CONFLICT

Strategies for dealing with one of the most asked about aspects of leadership in clogging

by Dianne Schilling

We live daily with the unsettling possibility of conflict. We enter into conflicts reluctantly, cautiously, angrily, nervously, confidently—and emerge from them battered, exhausted, sad, satisfied, triumphant. And still many of us underestimate or overlook the merits of conflict—the opportunity conflict offers every time it occurs.

One of the most recurring questions that come up from dance instructors and directors is how to deal with conflict.

So I'm starting this discussion with two premises. First, conflict is normal. We may not like it, but it's part of life, and that's not going to change. Second, conflict isn't necessarily something to be avoided. In fact, it can prove highly productive. Conflict signals the presence of diverse points of view, which in struggle or reconciliation can spark creativity, nourish growth, jump-start productivity, and strengthen relationships. A life without conflict is probably less peaceful than bland.

Most of us experience abundant opportunities for conflict. From the exhibition trip to the competition practice, from the costume fitting to the dance floor, a hundred little things each day can lead to discord—and for a variety of reasons, most of which are natural and unavoidable.

Habits and Beliefs

We bring to our relationships an accumulation of everything we've ever learned —all of our habits, and all the opinions and beliefs we've developed about ourselves, other people, politics,

religion, lifestyle, acceptable behavior, and the "right" way to do everything from dress ourselves in the morning to shape the psyches of our children for life. All this diversity, including racial, cultural and gender differences, means we're going to nudge, bump and crash into each other occasionally.

Limited Resources, Turf wars and Change

If there's one cookie and two kids want it, if funds are finite and programs to deplete them abound, if there's only one promotion and three people think they've earned it—conflict! Ditto for violating each other's property, possessions, reputation or space. And when someone says we have to change, or starts making changes around us without our consent, we respond with everything from passive aggression to open resistance.

Reacting to conflict

Most of us have conflict "styles"—one or two favorite ways of reacting in conflict situations. Or we may react differently to different people -- for example, acquiescing to our boss, withdrawing from our mate, reasoning with our child, and engaging in subterfuge against an office rival. For the most part, styles are conditioned responses, not conscious choices. They're learned early in life and reinforced every time they pay off by getting us off the hook, evoking sympathy, or according a sense of control. The point is, with a style we don't usually think to ourselves, "Okay,



now I'm going to blow my stack to get attention and establish myself as a force to deal with in this conflict." We just react.

when style Becomes strategy (and Viceversa)

A strategy is a behavior (or series of behaviors) that is consciously chosen. Unlike a style (a rote reaction), a strategy has purpose. The very same behavior—for example, avoiding—can be either a strategy or a style, depending on whether we avoid because it's the best thing to do at the time or because avoiding is what we always do. When

used unconsciously, even the most sophisticated conflict behaviors forfeit their status as strategies.

When dealing with an emotionally charged situation, an effective conflict manager will attempt to gain control of the situation so it can be dealt with rationally and objectively.

Depending on the nature of the conflict, the stage the conflict is in, and whether the objective is to escalate, de-escalate, or idle the conflict, different strategies have varying degrees of utility. Selecting the most effective strategy is the science of conflict management; applying it skillfully is the art.

Getting Good at

When selecting a conflict strategy, keep in mind that your partner in conflict may also be acting strategically. As early as possible in a conflict, try to discern whether the other person is in control of his behavior and has some flexibility in the way he responds, or is merely reacting the way he always does in conflict situations. If he's yelling or threatening or putting you off because that's

his style and he's stuck there, you may have to work a lot harder to reach a productive resolution but you will also have the advantage. If, on the other hand, you are dealing with a skillful partner, prepare to both lead and follow in what may be a very creative dance. When your partner avoids you or tries to dominate the situation, for example, try to figure out what he hopes to gain and how he thinks you'll react.

Ten conflict strategies

1. Abandoning. Abandoning a conflict means, literally or figuratively, walking away from it. Some conflicts amount to pointless jousting with few or no consequences, good or bad. They are simply

not worth your time and energy. Moreover, when you are terribly outnumbered, feel physically threatened, or find yourself in the middle of someone else's conflict (and for personal, professional or ethical reasons don't wish to participate), then abandoning is probably the best choice.



- 2. Avoiding. Avoidance is one of the most common strategies for coping with conflict. Avoiding a conflict doesn't mean you're a coward—unless, of course, you do it all the time. Avoiding is a legitimate strategy when you need time to cool off, when you stand to gain nothing from confronting a situation, when power is drastically unequal, when you want to put distance between yourself and the other person, or when you need time to prepare. Avoidance buys time. Use the time wisely once you have it. For example, if you postpone a meeting, immediately get to work, prepare yourself and reschedule.
- 3. Dominating. Dominating is an effective strategy when a quick decision is needed or when the issue is relatively unimportant—it gets things done. Dominating is usually power-oriented and (Continued on page 14)

Managing Conflict

(Continued from page 13)

delivered assertively. The ability to take control can actually be quite helpful when the other person lacks knowledge or expertise, and your opponent may be relieved that you have offered a solution. Don't try to dominate too often, however. Dominating is only effective as long as you have "right and might" on your side.

4. Obliging. This strategy deliberately elevates the other person, making him or her feel better about the situation. By obliging, you play down the differences between yourself and your opponent. It's a way of seeking common ground. Obliging requires that you give away power, which, if you have plenty to spare, can build trust and confidence. If you are secure in

your position, obliging becomes almost a form of delegation.

5. Getting help. This strategy involves bringing in a third party to act as a conflict mediator. Sometimes a conflict can't be resolved by opponents acting alone. If big skill differences put either of you at a distinct disadvantage, if emotions are highly charged, or if your opponent is blatantly uncooperative. you probably need to get help. Mediation is always needed if your opponent threatens in

any way to retaliate against you. Depending on the seriousness of the conflict and the potential impact of the resolution, the person doing the intervention can be anyone from a skillful communicator to a professional mediator, just as long as he or she is unbiased and respectful of both (or all) parties involved.

6. Humor. Using humor to defuse a conflict can be particularly effective if you and your opponent are peers, or if the conflict is not terribly serious. Being humorous may involve looking at the situation in a comical way, poking fun at yourself for a style of reacting that frequently gets you into trouble, or generally making light of the situation.

7. Postponing. Postponing is putting off until tomorrow what neither you nor the other person is prepared to deal with today. It differs from avoiding in that postponing is a low-level, handshake type of preliminary agreement. The ability to jointly agree to put off dealing with a conflict until you have cooled off, are more rested, or have your facts straight requires control and skill. However, postponing is a strategy, not an escape hatch, so before going your separate ways, establish the time and place of your next contact.

8. Compromise. This is a middle-of-the-road strategy that gets everyone talking about the

issues and moves you closer to each other and to a resolution. In compromise, each person has something to give and something to take. Compromise is most effective when issues are complex, and power is balanced. Compromise can be chosen when other methods have failed and

opponent are looking for middle ground, willing to exchange concessions. It almost always means giving up something in order to attain part of what you want.

when both you and your

9. Integrating. Integrating focuses on gathering and organizing information; at the same time, it encourages creative thinking and welcomes diverse perspectives. Suppose, for example, that the conflict concerns a major financial outlay. You don't like the direction things are going, but lack all the facts and figures. The other person doesn't have complete information either, but sees no reason to change course. Instead of continuing to argue, you agree to integrate—to pool all of the information you can (Continued on page 16)





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Managing Conflict

(Continued from page 14)

get your hands on, put your differences on the table and examine them along with any data that might contribute to a resolution. Integrating turns you and your opponent into allies on a mission to master the complexities of the issue and thereby develop alternative solutions. Integrating is often a prelude to collaboration and problem-solving.

10. Collaboration/Problem-solving. Collaborating means working together to resolve the conflict and necessitates information gathering as well as some form of problem-solving. In order to collaborate, you and your opponent must be able and willing to contribute time, energy and resources to finding and implementing a solution. You must also trust each other to a degree. Trust grows as you cooperate in finding a solution to the problem.

A good place to see expert conflict management in action is the courtroom. For many if not most attorneys, conflict is a way of life. The good ones rarely select a strategy without figuring out in advance a full range of possible responses from the opposing side. Even displays of emotion are calculated to produce specific results. I'm not suggesting you start acting like an attorney (talk about creating conflict!) but, rather, that you view conflict as an opportunity, giving it the respect and conscious attention it deserves. Win-win resolutions are often possible, and getting to them can be stimulating and productive. Good conflict management can clear the air, improve relationships, and produce creative solutions

Almost everyone has a favorite conflict style. Some people relish a good fight while others go to great lengths to avoid even minor disagreements.

Some clam up and refuse to participate, while others

to tough problems.

are almost always willing to talk and negotiate. The law of averages guarantees that any style will occasionally prove effective. For example, if your style is to dominate in conflict—push your agenda, win at all costs—once in awhile it will work perfectly. The other person will let you have your way with no hard feelings, and may even be relieved. The rest of the time, unfortunately, dominating will aggravate the situation, accelerate the conflict, and further antagonize the other person.

Instead of being a slave to style, try to increase your repertoire of conflict behaviors. Give yourself some choices. This series will examine a total of ten conflict strategies. Here are the first three:

Aband oning

Abandoning a conflict means, literally or figuratively, walking away from it. Some conflicts amount to pointless jousting with few or no consequences, good or bad. They are simply not worth your time and energy. Moreover, when you are terribly outnumbered, feel physically threatened, or find yourself in the middle of someone else's conflict and for personal, professional or ethical reasons don't wish to participate, then abandoning is probably the best choice.

What to Sav:

No need to make excuses or speeches.

Try saying something like this: That's it for me, Bill—arguing isn't on my to-do list for today.—or—Hey, this isn't worth a fight—let's just forget it.

Cautions:

Abandoning is a permanent solution (unlike avoiding or postponing, which are temporary). Try to keep it that way. Don't say you are walking away from the conflict and then attempt to reassert yourself later

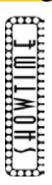
through covert attempts to influence the decision or situation.

Don't abandon a conflict (Continued on page 18)



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Managing Conflict

(Continued from page 16)

in the hopes that the other person will come running after you, begging or provoking you to return. If you make the decision to leave, be willing to accept the consequences of your action.

Don't attempt to abandon serious conflicts. They will not abandon you.

Avoiding

Avoidance is one of the most common strategies for coping with conflict or potential conflict. Avoiding a conflict doesn't mean you're a coward— unless, or course, you do it all the time. Avoiding is a legitimate strategy when you need time to cool off, when you stand to gain nothing from confronting a situation, when power is drastically unequal, when you want to put distance between yourself and the other person, or when you need time to prepare. Avoidance buys time. Use the time wisely once you have it. For example, if you postpone a meeting, immediately get to work, prepare yourself, and reschedule.

If you avoid a confrontation over a significant issue, make an alternative plan for addressing the issue and follow through. For example, you might decide to avoid a conflict with someone you've just met because you don't want to jeopardize a brand new relationship. That's fine, but if the issue is important it will come back to haunt you, so don't be caught unawares.

What to Say:

Don't simply disappear. Acknowledge that a conflict exists and openly recognize the other person's feelings before withdrawing. For example, you might say: I can see you're really concerned about this, but unfortunately I have another obligation right now. Let's talk tomorrow.—or—I need to look at all the facts. Can I get back to you this afternoon?

Cautions:

On the negative side, by avoiding you may be perceived as "passing the buck" or sidestepping the issue. Be aware of this possibility, particularly if you tend to avoid frequently.

If you notice the other person is avoiding, it might be a clue that she is uncertain and needs time to investigate the situation. However, if the other person continues to avoid, here are some ways to bring her back to the table:

- 1. Communicate your hopes for resolving the conflict. Try to overcome the person's fear or negativity by reassuring her that a win-win resolution is possible.
- 2. Appeal to the avoider's sense of honesty. For example, say, "We really need to talk about this, Sue. What's the worst thing that could happen?"
- 3. Most conflicts have several parts. Break the conflict down and deal with one part at a time. You'll soon find out which parts the other person is avoiding.

D o m i nat i n g

Dominating is an effective strategy when a quick decision is needed or when the issue is relatively unimportant — it gets things done. Dominating is usually power-oriented and delivered with force. The ability to take control can actually be quite helpful when the other person lacks knowledge or expertise, and your opponent may be relieved that you can offer a solution. Don't try to dominate too often, however. Dominating is only effective as long as you have "right and might" on your side.

What to Say:

This strategy shouldn't be delivered tentatively or timidly. Be assertive. For example, say: I understand your concerns. Now listen carefully to my assessment—I know what I'm talking about.—or—There's too much going on right now. Just do what I've suggested, and everything will work out fine.

Caution:

The person who sets the rules and/ or agenda gains power in a conflict. Pay meets his needs more than yours. When you hear the message, "We're going to talk about what I want to talk about," you are facing a person who intends to dominate the conflict by eliminating certain issues at the starting gate. Don't agree to it. Insist that your concerns be addressed, too.



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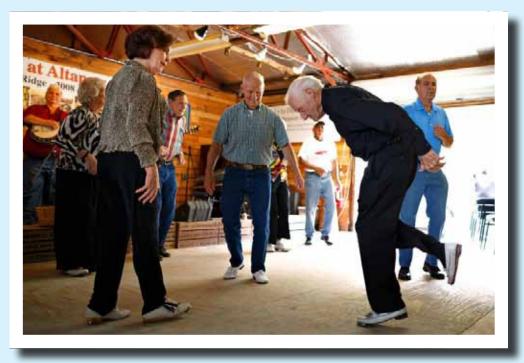
Charles In the Sport of the Spo

Still clogging at 85

Dick Taylor, 85, dances to bluegrass music at the Historic Orchard in Spruce Pines, North Carolina. Taylor says that when he was a child, his family would have a dance every Saturday night at his home in Spruce Pines and that he started dancing at age three.

The Orchard supports programs and projects aimed at preserving the land, the history, and the culture of the Blue Ridge Mountains

Photo by Jerry Wolford, Associated Press



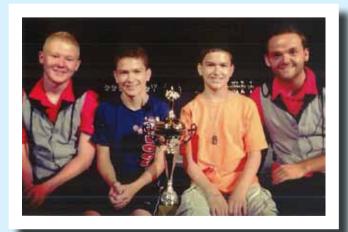


The Metronomes Keep Time

A group of dancers who met as performers at the Hatfield McCoy Dinner Show in Pigeon Forge, Tennessee began an online series of steps classes last year to challenge and inspire fellow dancers, and are back with a brand new series to continue the rhythmic tradition.

Metronome members (L to R) Drake Elkin, Kari Kesley, Ethan Stewart and Russell Eldridge all have distinguished careers in competition clogging and -- between them -- have a host of national team and solo championships under their belt.

Ethan and Drake joined ALL THAT in their latest stint on "America's Got Talent," and Ethan has joined the guys in their show at the Carolina Opry in Myrtle Beach, while Drake, Kari and Russell continue to entertain crowds in Pigeon Forge.



Oklahoma cloggers Sooner Xplosion have been making a name for themselves at competitions and with a stage full of powerful male dancers and great choreography by their instructor and director, former national champion and long-time Kountry Kuzins Jamboree performer Jason Davis.

Their competition honors include winning Overall Grand Champion Team at the Route 66 Clogging Championships held in Miami, Oklahoma.

This Summer, the team was one of several clogging groups who entertained at Silver Dollar City in Branson, Missouri. The cloggers joined members of the City Center Dance Company of Georgia, led by Blake Dunn and Heather Kohberger.

Sooner Xplosion Team members, above from left, Chase Herd, Miami, OK, Brett and Brice Mayfield, Welch, OK and Brett Redden, Quapaw, OK.

Below: Sooner Explosion joins forces with CCD for performances in Branson, Missouri.



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Pyle-Driving Breakdown An Intermediate Clogging Routine choreographed by Naomi

Pyle-Driving Breakdown An Intermediate Clogging Routine choreographed by Naomi Fleetwood-Pyle to Earl's Breakdown. One track is instrumental for performance, while the next track features cues for practice.

Go West An Intermediate Clogging Routine choreographed by **Jeff Driggs** to a great medley of *Maverick, Rawhide* and *Bonanza*. One track is instrumental for performance, while the next track features cues for practice.

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Passing it Down

Florida Couple Start Clogging Group to Share Their Love of Dance

By Bill Murphy, Bay News 9, Winter Haven, Florida

A Polk County, Florida couple is giving the gift of dance to their community. Patti Hall and her fiancée, Allen Green, created the Silver Spur Cloggers to share their love of clogging with folks in their surrounding area.

The Silver Spur Cloggers have only been around for a little more than a year. The group is based in Winter Haven and is a nonprofit, run completely by volunteers.

"We had seen issues where parents couldn't afford to bring kids out, and if they have three or four kids, they couldn't afford it," Allen said. "We wanted to do something that the parents could afford." Making dance affordable to families is something that the couple feel very strongly about.

The cloggers meet twice a week for a two-hour session, which includes lessons. Many are also given shoes and outfits at no charge. Patti said everyone is welcome.

"All children, no matter what disability or financial issues they have, are welcome to come dance with us," Patti said.

All the operating costs are covered by donations. Patti, a pediatric nurse, and Allen, a diesel mechanic, spend much of their time fundraising.

The couple is trying to raise enough money to take parents and kids to Maggie Valley, North Carolina and to other clogging events and destinations. Maggie Valley is home to America's Clogging Hall of Fame.

Patti Hall and her fiancée, Allen Green, created the Silver Spur Cloggers. The group is based in Winter Haven and is a nonprofit, run completely by volunteers.







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All Grown Up

Clogging classes for adults can keep in step with the kids

By Thelma Goldberg

Adult and senior clogging classes are a great way to boost enrollment and build your studio's presence in the community. Whether you aim for a recreational program or an expansion of your company, adult clog dancers will bring enthusiasm, dedication, and long-term support to your studio's programming.

First, consider your market and resources. Will your audience be young working professionals, mothers looking for a morning class, or middleaged and senior adults? Do you have an experienced clogging teacher who enjoys



working with adults and has a great sense of humor?

An adult clogging program requires an experienced and dedicated teacher who can work well with mixed ages and levels. My adult program students range in age from 16 to 87, and although I now offer three levels and four classes a week, I initially had one class. Being able to accommodate a wide range of personalities and abilities is key to building a strong adult clogging program.

Getting them in the door

Thirty years after starting my program, I now have 50 weekly participants. Word of mouth is the best advertising, but it's not enough to establish or sustain a program. I've offered guest passes, free trial classes, and "bring a friend" classes; placed flyers at supermarkets, coffee shops, and gyms; and done demonstrations at senior centers, nursing homes, and community events. And I feature adult students on my website, YouTube account, Facebook page, and, most important, in my recital.

Students' parents are ready-made fans of your

school and often will try a class. Create a special "pitch" during observation weeks.

In every recital, I include the three adult clogging levels in one production routine, which accomplishes two important things: it brings my adult clogging students together with a common goal and shows off a large and successful adult program. People who say they never realized what a big adult program we have often talk about it in the community—more word-of-mouth advertising.

Market to your students' parents. They are ready-made fans of

your school and often will try a class. Create a special "pitch" during observation weeks.

Emphasize the benefits of clogging dancing. It offers a low-impact, weight-bearing activity that builds coordination and strength and boosts overall wellness through musical aerobic activity. It's also a great way to connect with new friends. Consider offering refreshments after class to promote a sense of community.

Offer a free trial class with a discount on a class card if purchased the same day, senior discounts,

or a two-for-one special if a friend signs up. Adults love a bargain!

Getting them to sign up

Make the price right. Class cards and drop-in prices offer flexibility. Some dance programs offer short sessions that cost less than paying week by week.

If possible, offer day and evening options. To build a strong adult clogging program, you need to be sensitive to the work and personal demands that might interfere with students' weekly attendance.

Collect old clogging shoes and let new students borrow a pair until they're sure they want to commit to class. Make sure to mention this in your marketing materials.

Make new students feel welcome. Introduce them to everyone and compliment them by name during the first class. Instill an attitude of acceptance within your adult community by making each dancer feel wanted.

Follow up new students' first classes with a phone call or email to say how much you enjoyed dancing with them.

Maintaining a vibrant adult clogging program

Be passionate about teaching adult clogging



and committed to a long-term relationship. An older, experienced teacher who knows how to structure a class for adults and is sensitive to aging bodies is imperative to building a strong program. Whether your students want to dance just for fun in class, do exhibitions or even someday enter a competition, once they start making rhythm they'll be hooked for life!

Photos (left): Michele Hill leads a clogging class at the Penngrove Clubhouse. near Santa Rosa, California (Crista Jeremiason / Press Democrat)

Above: Cheyenne Danner (I to r), of San Francisco and Rick Sherwin of San Francisco catch air while attending dance class at Oberlin Dance Commons in San Francisco, California Photo: Lea Suzuki, The Chronicle

Below: Beginners in street shoes try their hand at a new clogging class.



15 Truths About Being a Serious Dancer

Adapted from a story by Melanie Doskocil

Dance is hard. – No dancer ever became successful riding on their natural born talents only. Dancers are artists and athletes. The world of dance today is akin to an extreme sport. Natural ability and talent will only get us so far. Dancers must work hard and persevere. Dancers give years of their lives plus their sweat and tears to have the honor and pleasure of performing on stage.

You won't always get what you want. – We don't always get the placement in the routine that we wanted, get the solo or feature when we want, get the dance job we want, hear the compliments we want, get asked to teach the classes or workshops we want, see our team or group run the way we want, etc, etc. This teaches us humility and respect for the process, the art form and the masters we have chosen to teach us. The faster we accept this, the faster we can get on with being brilliant. We'll never be 100% sure doing nothing won't work.

There's a lot you don't know.

- There is always more a dancer can learn. Even our least favorite teachers, choreographers and directors can teach us something. The minute we think we know it all, we stop being a valuable asset.

There may not be a tomorrow.

A dancer never knows when their ability to dancer at the highest level will suddenly vanish: a company folds, career ending injury, car accident, death...Dance every day as if it is the final performance. Don't save the joy of dance for the stage. Infuse even your routine classroom exercises with passion!

There's a lot you can't control.

- You can't control who will want you on their team you, who won't, who likes your work, who doesn't, the politics of being in a team or group. Don't waste your talent and energy worrying about things you can't

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control. Focus on honing your craft, being the best dancer you can be. Keep an open mind and a positive attitude.

Information is not true knowledge. – Knowledge comes from experience. You can discuss a task a hundred times, go to 1,000 classes, but unless we get out there and perform we will only have a philosophical understanding of dance. Find opportunities to exhibit or to get on stage. You must experience performance firsthand to call yourself a serious dancer.

If you want to be successful, prove you are valuable. – The fastest way out of a dance team is to prove to your director that they don't need you. Instead, be indispensable. Show up early, know your material, be prepared, keep your opinions to yourself unless they are solicited and above all be willing to work hard.

Someone else will always have more than you/be better than you. – Whether it's opportunities or favor or trophies, it does not matter.

Rather than get caught up in the drama about what others are doing around you, focus on the things you are good at, the things you need to work on and the things that make you happiest as a dancer.

You can't change the past. –
Everyone has a past. Everyone has made mistakes, and everyone has glorious moments they want to savor.
Would you keep a piece of food stuck in your tooth just because you enjoyed last night's most

teeth just because you enjoyed last night's meal? Dance is an art form that forces us to concentrate on the present. To be serious at dance we have be in the moment; the minute the mind wanders, injuries happen. If they do, see #12.

The only person who can make you happy is you. – Dancing in and of itself cannot make us happy. The root of our happiness comes from our relationship with

ourselves, not from how much attention we get, what part of the routine we are given, what group we dance for, or how many competitions we won. Sure these things can have effects on our mood, but in the long run it's who we are on the inside that makes us happy.

There will always be people who don't like you. - Dancers are on public display when they perform and especially in this internet world, critics abound. You can't be everything to

everyone. No matter what you do, there will always be someone who thinks differently. So concentrate on doing what you know in your heart is right. What others think and say about you isn't all that important. What is important is how you feel about yourself.

12.

Sometimes you will fail. -

Sometimes, despite our best efforts, following the best advice, being in the right place at the right time, we still fail. Failure is a part of life. Failure can be the catalyst to some of our greatest growth and learning experiences. If we never failed, we would never value our successes. Be willing to fail. When

it happens to you (because it will happen to you), embrace the lesson

that comes with the failure.

Sometimes you will have to work for free. – Every professional dancer/

instructor has at one time or another had to work without pay. If you are asked to work for free, be sure that you are really ok with it. There are many good reasons to work for free, and there are just as many reasons

not to work for free. Ask yourself if the cause is worthy, if the experience is worth it, if it will bring you joy. Go into the situation/class/workshop fully aware of the financial agreement and don't expect a hand out later.

Repetition is good. Doing the same thing over and over expecting a different result is insane. - If you keep doing what you're doing, you'll keep getting what you're

getting. If you keep doing the bare minimum

of required classes, don't complain to your teacher when you don't move up to the next level. If you only give the bare minimum in your group, be happy staying in the background or b-team. If you want to grow beyond your comfort zone, you must push yourself beyond your self-imposed limitations.

You will never feel 100% ready.

- Nobody ever feels 100% ready when an

opportunity arises. Dancers have to be willing to take risks. From letting go of the basics to balance, to changing teams to grow as a dancer, from trusting a new partner to trying a new step or technique that pushes you to explore components of another form of dance, dancers must have a flexible mind and attitude as well as body. The greatest opportunities in life force us to grow beyond our comfort zones, which means you won't feel totally comfortable or ready for it.

Let us know if you enjoy these types of stories to help you as a dancer, instructor or director. Email us at doubletoetimes@aol.com



FUN ROCK #OPCS-4504 CHOREO: C.D. CRADY CradyClog@aol.com 7865 CANYON DR. #6 AMARILLO, TX 79110 (806)356-9833

Wait 16 beats start with right foot. A B C B A C B BREAK B A B C ENDING

PART A: 32 BEATS

Samantha 1/2

DS DS(xif) DR S DR S RS DS DS RS

L R R L L R L R L R L R

&1 &2 & 3 & 4 &5 &6 &7 &8

4 Kicks 360

DS K DS K DS K DS K

L RR LL RR L

&1 2 &3 4 &5 6 &78

Repeat Samantha & 4 Kicks to face the front.

PART B: 32 BEATS

Mash

COUNTS: DIRECTIONS: You also turn 1/2 left.

& Knees go out & left foot goes out.

1 Knees come in & you are on the balls of both feet.

& Knees go out & right foot goes out.

2 Knees come in & you are on the balls of both feet.

& Knees go out & left foot goes out.

3 Knees come in & you are on the balls of both feet.

& Knees go out & right foot comes up.

4 Knees come in & you are on the right foot ball.

Kick Rock Step

K RS K RS

L RL L RL

1 &2 3 &4

Basket Ball

S(oif) P 1/8R H S(oif) P 1/8R H

L BO R L BO R

1 & 23 & 4

2 Basics

DS RS DS RS

L RL R LR

Repeat Mash, Kick Rock Step, Basketball, Basics



Monster Mash

Page 2

PART C:32 BEATS

Clog Over Turn

DS DS(xif) DS DS DS K DS RS R R L RL LR &1 &2 &3 &4 &5 6 &7 &8

Turn 3/4 right on the underlined

Repeat 3 more times to face the front.

BREAK:28 BEATS

Heel Rock Triple

H RS R H RS DS DS DS RS LLRLRRLR L R LR 1 &2 & 3 &4 &5 &6 &7 88

4 Kicks in a Box

DS K DS K DS K DS K RRLL &1 2 &3 4 &5 6 &7 8

Turn 1/4 on each Kick

Triple Kick

DS DS DS K R L R L &1 &2 &3 4

Elvis

DS DS DS RS S CLAP(otsL.) Keep your left arm out and bring in your right arm R L R LR L in on count 7. On counts 8,9,10,11,12 you make a fist &1 &2 &3 &4 5 6 and shake your right hand up in the air. You also shake your body.

KEY

BO--Both H--Heel

R--Rock

DR--Drag K--Kick

S--Step





CANDYMAN

Artist: Christina Aguilera CD: Back to Basics Clean Version – 3:15 Choreography: Darolyn Pchajek – <u>darolyn@daretoclog.com</u> Level: Advanced

Wait 4 beats, V-Step w/ snaps, Wait 4 beats, Jazz Box

INTRO (8 beats)

Charleston Sonic

PART A (28 beats)

Cross it Over
Rooster Run
Flapper Push Slide
2 Canadians
Candyman (Burton Slider Skuff Sonic)

INTRO - Charleston Sonic

PART A – Cross it over, Rooster Run, Flapper Push Slide, 2 Canadians, Candyman

PART B (16 beats)

Burton Slide Gregory Combo

PART C (20 beats)

Kick It 2 Canadians Candyman

INTRO - Charleston Sonic

PART A* (16) - Cross it Over, Rooster Run, Flapper Push Slide

PART D (20 beats)

Maxi-Sonic w/ Clap V-Step with Snaps *Repeat above 2 steps*

Jazz Box

PART E (24 beats)

Jammin' Toes w/ Clap V-Step with Snaps

1st "group or line" does the 2 steps, then 2nd "group or line" does them, then everyone does them a 3rd time.

PART A (28 beats)**

Rooster Run Flapper Push Slide 2 Canadians 2 Candymans

PART F (24 beats)

Star (1/2 turn left) Double Fastball

Repeat above 2 steps to front

Buck Joey Triple (Buck Style)

ENDING (36 beats)

4 Double Scuffs (1/4 turn left each)



Steps to "Candyman"

V-Step with Snaps -Step(fos) Snap Step(fos) Snap Step(btog) Snap Step(btog) Snap Jazz Box -Step Step(xif) Step(b) Step(os) R L Charleston Sonic -DS Tch(f) Toe Heel Toe Heel RS DT Jp Tap S DT Jp Tch Sl $R \quad L \quad L \quad RL \quad R \quad R \quad L \quad L \quad R \quad R$ Cross it Over -DS Ba TB B TB DT S TCH(xif) DT S DT S Toe(xib) S DT S Tch(if) Sl/Chug L R LL R LL R R L L R R L L R R L R L &1 & a2 & a3 e& a &a 5 e& a 6 & a7 e & $\begin{array}{c|cccc} DS & DS(xif) & Toe(os) & Toe(xib) & Toe(os) & Step(xif) \\ \hline I & R & I & R & I & R \end{array}$ Rooster Run -Flapper Push Slide – DS RS RS Ba Sl (Kick right leg up & out as you do the rock steps like a flapper) (Full turn left) DT HOP TCH DS DT HOP TCH
R L R R L R L 2 Canadians -DS Sk Snap Br S Tap Toe He S Jp Jp(Pull Lxif) S Sk Hop RS DT Jp Tch Candyman R R L L R R L R LR L RL R R L (Burton Slider Skuff Sonic) L R L e & a 2 e & a 3 & 4& 5 & 6 &7 e& a 8 Burton Slide -DS Sk(xf) Dr Br(xf) S Tap(xb) Toe HT(xf) S S(os) S(xb) Pull(xf) S Sk(xf) Dr Br(xf) S DS Ba Sl R L R L &1 e & a 2 e & 3 & 5 e & a 6 & 7 & 8 Gregory Combo -DS HT Hit Jmp RS S HT Hit Jmp RS S HT Hit Jmp HT Hit Jmp HT Hit Jmp RS L R 3 e LR L R 4& 5 e LR R LR R & a Kick It-DT KK/Hop Tch(f) KK/Hop Ba(os) Ba(xif) Ba(os) Bounce KK/Hop RS DS Ba Sl R / L BOTH L/R LR L R R R 1 & 2 4 &6 &7 & 8 Maxi-Sonic w/ Clap -DT Jp Tap(xib) S DT Jp Tch(xif) Sl Clap R R L R R L L e& 2 & a3 e & 4 & Jammin' Toes w/ Clap – Toe(b) Toe(b) He He Toe(b) Toe(b) He He Toe(b) Toe(b) He He Jmp/HT Sl Clap L R L R R L R R R R/L RStar (1/2 turn left) – DT Bounce Hop (1/2 turn left) Ba He Ba BOTH R L R R L L R &a 1 & e & 3 & a Double Fastball -DS DS L R &1 &2 HT(os) S HT(os) S Buck Joey – DS Tap(xib) Toe HT(os) S HT(os) S Tap Toe(xib) Triple (Buck Style) -DS DS DT Ba He Ba He S R R L L Double Scuff -DS Skuff DT(1/4 turn left) DS He Ba He S DS Skuff Dr Br LLRR (1/4 turn left) R R R R L R L L &a1 &a2 &a3 e & a 4 &a5 & 6 &a7 8



GHOSTBUSTERS

RECORD: GHOSTBUSTERS
ARTIST: RAY PARKER JR.
CHOREO: STEVE SMITH

INTRO: WAIT 16 BEATS

4 (STEP-CLOSE-STEP-CLAP-CLAP)

PART A

2 BASICS DSRS DSRS

1 WHIPLASH DS-DS(XIF)-SL-STEP-ROCK(XIB)-STEP

L R R L R L &1 &2 & 3 & 4

2 BASICS DSRS DSRS

1 SLAM DUNK DS-DS-HOP&LAND ON BOTH TOES-HEEL(F)/TOE-SL

&1 &2 3 & 4

1 FANCY TRIPLE DS-DS-DS(XIB)-ROCK-STEP(XIF) MOVING RIGHT

LRL R L

1 PULLEY DS-DR-SL-DR-STEP(XIF)-ROCK-STEP(XIF) MOVING RIGHT

R L R L

1 FANCY TRIPLE DS-DS-DS(XIB)-ROCK-STEP(XIF) MOVING LEFT

R L R L R

1 PULLEY DS-DR-SL-DR-STEP(XIF)-ROCK-STEP(XIF) MOVING LEFT

L R L R

PART B

32

4X DS-DS-DS-DS-DS-EDGE OF HEEL & PIVOT ¾ RIGHT-STEP-TOE-SL

L R L R L R L R R 1 2 3 4 5 6 7 & 8

DO THE ABOVE STEP 4 TIMES. BY TURNING 1/4 RIGHT EACH TIME YOU WILL BE MOVING IN A SQUARE.

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CD
                             Come & Get It
                                                        4/09/2001
Artist:
        Aaron Carter
Choreo: Kathey Wilson, 296 CR 368 Jonesboro, AR 72401 870-972-1972 iclog2@clogdancing.com
        32 Beats - Left Foot Lead - Sequence: Intro A B A B C A B Intro C
Intro (32 Beats)
2 Charleston
              DS Tch(if)-H T-H RS
              L
                        L
                                  LR
                    R
                             R
              &1
                   &
                        2
                            &3
                                  &4
              DS K-H DS K-H DS K-H DS K-H (1st & 3rd K turn 1/4, 2nd & 4th in place to face back)
4 Kicks
              L RL R LR L RL R LR
              &1 &2
                      &3 &4 &5 &6 &7 &8
                                 (REPEAT TO FACE FRONT)
Part A (32 Beats)
2 Push-Offs
              DS RS RS RS DS RS RS (moving L then R)
              L RL RL RL R LR LR LR
              &1 &2 &3 &4 &5 &6 &7 &8
              DS DS DS RS DS DS RS
2 Triples
              L R L RL R L R LR
              &1 &2 &3 &4 &5 &6 &7 &8
                                   (REPEAT ALL Part A)
Part B (32 Beats)
2 Vines
              DS(ots) DS(if) DS(ots) RS DS(ots) DS(if) DS(ots) RS
                                       R
                     R
                            L
                                  RL
                                              L
                                                    R
                                                           LS
              &1
                     &2
                                                    &7
                                                           &8
                           &3
                                  &4
                                       &5
                                              &6
2 Rock/Chairs DS Br-up H DS RS DS Br-up H DS RS (turn 1/4 L on each)
                     L R LR L
                                       R L R LR
                  R
              &1 & 2 &3 &4 &5
                                       & 6 &7 &8
                             (REPEAT Part B TO FACE FRONT)
Part C (32 Beats)
2 Stomp Double STO DS DS RS STO DS DS RS (turn 1/4 L on each)
               L R L RL R
                                 L R LR
               &1 &2 &3 &4 &5 &6 &7 &8
2 Fancy Double DS DS RS RS DS DS RS RS (move forward & back on the RS)
                  R LR LR L R LR LR
              &1 &2 &3 &4 &5 &6 &7 &8
                                (REPEAT Part C to face front)
                                        DEFINITIONS
              DS Double toe step
                               BR Brush
                                            НН
                                                Heel Heel
                                                          xif
                                                              cross in front
              RS Rock Step
                               STO Stomp
                                            STA Stamp
                                                          ots
                                                              out to the side
              ST Step
                               K
                                    Kick
                                            if
                                                 in front
                                                          BA
                                                               Ball
              T Toe
                                                              Drag
                               SL
                                   Slide
                                            ih
                                                 in back
                                                          DR
              H Heel
                                                              Double Double
                               TCH Touch
                                            BO
                                                 Bounce
                                                          DD
                                                              Ball Heel
                                   Right
                                             D
                                                 Double
                                                          BH
              L Left
                               R
              Slur one foot drug behind unx uncross
                                             \mathbf{X}
                                                 Cross
                                                           UX
                                                              Un-Cross
                               wgt Weight
              Other foot
                                             B
                                                 Both
                                                           tif
                                                               touch in front
```

SC Scoot

ADDAMS GROOVE

BY: MC HAMMER

MC Hammer Greatest Hits CD

Easy + level

Choreographed By: Lesa Wimpey

The South Carolina State Cloggers

&78

La Dance Studio I & II - 708 #B- West Main Street - Pickens, SC 29671 Phone - 864-878-6622 or 1098

email - ladancestudio@aol.com / clog4u@webtv.net

Sequence: Intro - A - B - C - D - A - Intro - B - A - D - Break - E - D* - A* - F - A* - Break

E-A-D-F

TNITDO Lield bend up bond down bond down body down alow soll up

INTRO - Hold hand up hand up hand down hand down body down slow roll up

R L R L 1 2 3 4 5

PART A-

BASIC- DS RS DS RS

HAMMER- S S S S S S S S S 1/2 R. W/ R. HAND IN FRONT- L. ON HIP

LRLRLRLR (FEET OPEN)

*REP. TO FACE FRONT

PART B-

TURKEY- H FLAP S DS RS H FLAP S DS RS

L L R L R L R L R L R L R

CHUG- DS CHUG DS CHUG DS CHUG 1/2 L.

LRRLLRRL

*REP. TO FACE FRONT

PART C-

CHAIN L&R- DS RS RS RS RS RS RS

L RL RL R LR LR LR

CHUG- DS CHUG DS CHUG 1/2 L.

LRRL

DS 4- DS DS DS DS

LRLR

*REP. TO FACE FRONT



ADDAMS GROOVE- CONT.

PART D-

STEP CROSS- 5 5 5 H *DO THIS 4 TIMES L(OTS) R(XIB) L(OTS) R(OTS)

STOMP & Dbl. 7- STOMP DS L R L R L R $*$ REP. TO FACE FRONT

PART E-

SLUR ROCK- DS SLUR S R S R S L(OTS) R R(B) L(OTS) R(B) L(OTS) R(B)

FANCY DOUBLE- DS DS RS RS 1/2 L. *REP. TO FACE FRONT

PART F-

FESTER- D BREAK BREAK BREAK D BREAK BREAK (FEET IN 5th)

L(F) R L R R(F) L R L

FANCY DOUBLE- DS DS RS RS L R LR LR *REP. ABOVE

BREAK-

HANDS- hand up hand up hand down hand down R L R L 1 2 3 4

PART A*

DO 1 TIME TURN 360 L. ON HAMMER

PART D*

DO 1 TIME TURN 360 L. ON STOMP & Dbl. 7



Munster Rag

Intermediate Interactive Clogging Dance

Music: "Munster Rag" by Brad Paisley (from the CD Part II)

Choreo: Jeff Driggs, P. O. Box 1352, St. Albans, WV 25177-1352 (304) 727-9357 www.doubletoe.com
A video teach of this routine is available on the DancePack Video Series. Please call, write or email for a full catalogue.

Begin in one line as couples facing back

8	Wait
8	beat 1 – hands out at angles from sides beat 4 feet together, arms in
8	2 Stomps, 2 Stomps, Mountain Goat (On 1 st 2 Stomp, Men Rotor Roll, on 2 nd Ladies Roll)
8	2 Basics, Fancy Double (On Basic, Join right hands in front, 2 nd , left, Fancy Double to Varsouvienne)
8	4 Basics (Backward Butterfly or Varsouvienne Spin)
8	4 Basics (finish turn to roll to skaters position)
<u>8</u>	6 DS (move as couples to diagonal)
8	4 Basics (trade off twice with roll across in front)
	4 Basics (trade position of diagonal by moving up or back)
8 8 8	4 Basics (trade off twice with roll across in front)
8	4 Basics (to circle, front couples rotate ½ and move left, back couples move left into circle)
8	4 Basics (continue move to circle)
8	4 Basics (circle left)
8	2 Basics, March 4 (on Basics rotate ½ left as couples to face out, on four march turn to face partner)
<u>8</u> 8	2 Side to Side Brushes, 2 Basics (On brushes, join hands and turn slightly L& R, On basics trade)
8	2 Side to Side Brushes, 2 Basics (On brushes, turn slightly L& R, basics trade to circle)
8	4 Basics (to circle, circle left)
8	4 Basics (left allemande return to partner)
8	4 Basics (right arm turn with partner 3/4 drop hands men step forward, ladies step forward facing out)
8	4 Basics (1&2 men raise arms to make arches, 3&4 ladies back under arch to center
<u>8</u> 8	4 Basics (1&2 all move left one slot, 3&4 ladies move out from under arch to outside
6	Pump Touch and Basic (DS BR(UP) TCH(X) TCH(O) DS R S)
8	4 Basics (1&2 ladies back under arch to center, 3&4 all move left one slot)
<u>8</u> 8	4 Basics (1&2 ladies go back out under arch, 3&4 all turn 1/4 right
	4 Basics (ladies move on outside, men on inside to find partner
8	4 Basics (two handed half swing with partner to promenade)
8	4 Basics (promenade)
8	4 Basics (continue promenade to sideways column, on last 2 ladies stay men fold in front to face)
8	2 Side to Side Brushes, 2 Basics (On brushes, join hands and turn slightly L& R, On basics trade)
8 8 8	2 Side to Side Brushes, 2 Basics (On brushes, turn slightly L& R, basics trade places and face back)
	2 Stomps, 2 Stomps, Mountain Goat (On 1 st 2 Stomps, Men Rotor Roll, on 2 nd Ladies Roll)
8	2 Basics, Fancy Double (On Basic, Join right hands in front, 2 nd , left, Fancy Double to Varsouvienne)
8	4 Basics (Backward Butterfly or Varsouvienne Spin)
<u>8</u> 6	4 Basics (finish turn to roll to skaters position)
	6 DS (move as couples to diagonal)
8	4 Basics (trade off twice with roll across in front)
8	4 Basics (trade position of diagonal by moving up or back)
<u>8</u>	4 Basics (trade off twice with roll across in front)
	4 Basics (to circle, front couples rotate ½ and move left, back couples move left into circle)
8	4 Basics (continue move to circle)
8	4 Basics (circle left)
8	2 Basics, March 4 (on Basics rotate ½ left as couples to face out, on four march turn to face partner)
8	2 Side to Side Brushes, 2 Basics (On brushes, join hands and turn slightly L& R, On basics trade) 2 Side to Side Brushes, 2 Basics (On brushes, turn slightly L& R, basics drop hands face in)
<u>8</u> 8	2 Stomps, 2 Stomps, Mountain Goat (On 1 st 2 Stomps, Men Rotor Roll, on 2 nd Ladies Roll)
8	2 Storrips, 2 Storrips, Mountain Goat (On 1 2 Storrips, Men Rotor Rott, on 2 Ladies Rott) 2 Basics – Girls move up, DS R(XIB) S S (XIB) with hands up
J	2 Dasios — Sins move up, Do Maid o Salario, with hands up

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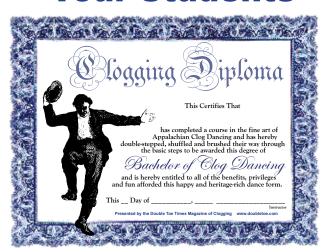
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