

THE DOUBLE TOE TIMES

Volume 4, No. 7

A Clogging Newsletter

July 1986

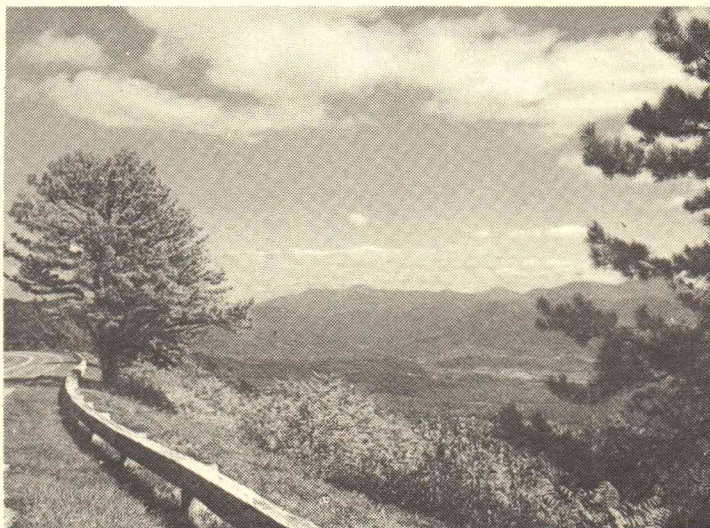
Fontana's Mountain Resort

Fontana Village, North Carolina, has long been a gathering place for square dancers. Tex Brownlee, until his retirement, was the resident caller/co-ordinator of the many square dance activities there. The large hall used for the square dances has a wonderful tongue and groove floor. The directors of Fontana Village have chosen to encourage clogging at the mountain resort, and happily the wood floor does not appear to have suffered because of it.

Having been an "antiquer" and history buff for many years, I was curious about the beginnings of this remote resort and the somewhat out-dated cabins. The book section at the camp store provided a pamphlet called *The Village of Five Lives* by Kelly V. Young, copyrighted 1983.

Though unrecorded, it is believed that the name **Fontana** was an incorrect pronunciation of Italian geologist Felice Fontaine's name. He came to that area to explore the mineral resources when the entire region was still the homeland of the Cherokee Indians, in the late 1700's. **Fontana** in the Italian language means "fountain".

The area was first developed by lumber industries in the late 1800's, to be followed by copper mining. The first **Fontanas** would soon be at the bottom of Fontana Lake, as a result of the TVA construction of a giant hydro-electric power dam on the Little Tennessee River in the Great Smoky Mountains.



We have received permission from Jeanetta Keller, Southern Progress Corp., to reprint the following article. This article was part of several area profiles which complimented **The Blue Ridge Parkway Turns 50 --- Gracefully.** *Southern Living*, September 1985.

During the first years of the 1940's, the peaceful forested hills of far western North Carolina reverberated with the unlikely rumble of construction. The land looked nothing like it does now at the foot of emerald-colored Fontana Lake. In 1942, workers were hustling 'round the clock to complete a project vital to World War II: They were damming the Little Tennessee.

Throughout those 24 months, both men and women worked three shifts a day to finish Fontana Dam, which is even today the highest dam east of the Rockies. The dam's power was destined to run factories that were turning out wartime goods, so huge floodlights beamed through the night, dispelling the dark and allowing engineers and workmen to stay on the job. Patriotic signs spurred them on. When workers went off shift, they would return to the rustic village that had been hastily created to house this construction army of 5,000 or more. Completely self-contained, this "instant town" had a hospital, bank, library, schools, post office, dormitories, and houses.

When finished in November 1944, the workers had poured almost 3 million cubic yards of concrete, moved

Continued on Page 10

THE DOUBLE TOE TIMES

PUBLISHER/EDITOR

Bobbie Adams

A Clogging Newsletter

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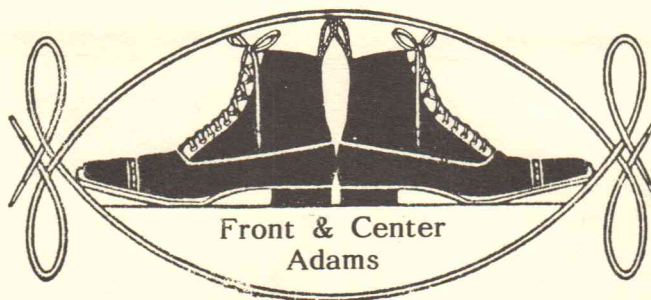
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Thanks Bonnie Staley, NCCA for your kind words! We shipped DTT information to John Thomson for the 5th Canadian National Square and Round Dance Convention. (See Upcoming Events.)

Carolyn Woodruff, MACI (Mississippi), in her lovely long letter, indicates that the Mississippi Mud Stomper will continue to be published, though a new Editor has not yet been announced. Thanks Carolyn! (See MACI this issue.)

Hello Glenn Hall! Nashville, Tennessee, the "Country Music Capital of the World" is, oddly enough, long on singers and musicians, but short on Cloggers. This Editor has had many requests for a place to Clog in the Nashville area, both from residents and from tourists. A phone call and a letter from Glenn Hall may change all that!

" . . . born and raised in Kentucky . . . took Clogging lessons from Steve Smith for two years . . . moved to Nashville about 16 months ago just knowing I would be able to clog all over the place. Surprise! " Apparently, one thing led to another, and now Glenn and his partner, Lu Fox, are taping 16 shows for the Cable TV Station in Nashville, titled *The World of Clogging*. They announce Clogging functions from everywhere on their Calendar of Events, and plan on having Guest Cloggers each week. Glenn asks that visiting Clogging Groups who would like to try to schedule being on the show, or Directors with an event to be announced, contact: Glenn Hall, *The World of Clogging*, P.O. Box 110902, Nashville, Tennessee 37222. (615) 834-2177

G'Day to our South Australian subscriber, Pauline Elliott. Gina Zaragoza of Western Australia, in the true 'caring and sharing' tradition, introduced folks to Clogging at the Australian National Square Dance held in April 1986. Pauline says ". . . we already have an enthusiastic albeit small group of clogging nuts who are anxious to learn as much as they can about the art of Clogging. With the aid of tapes, instruction books, etc. we hope to develop some authenticity and maybe we might make it to a Clogging Convention one day!" Welcome Pauline.

To be perfectly frank, I have begun to look at *The Double Toe Times* a bit differently of late. Old Fickle is pouting because I threw out his last three articles. Nobody likes a whiner I told him. Best be careful about throwing rocks if you live in a glass house. Unless they are **Yellowrocks!** (Yellowrocks are HUGS!) Fickle gets so mad. He'll get over it. Like I told him - he may be fat but he can lose wieght. Ugly is forever!

Received a nice letter from Frank Bonner, author of *Clogging and the Southern Appalachian Square Dance*. "I am writing in reference to Steve Smith's article in the June '86 (Vol. 4, No. 6) edition of *The Double Toe Times*". While I do not disagree with Steve's article, I do disagree with the generally accepted "mainstream Cloggers" definition of buckdancing. I will hold to the definition's stated in my book on Pages 91-95. Genuine buckdancing is not a learned dance; clogging is. What most mainstream cloggers call buckdancing is really a form of rhythm clogging. Real buckdancing is so individually unique it is almost unteachable -- the dancer simply moves to the music as he/she sees fit. Additionally: If anyone thinks Clogging is limited to only 8 basic movements -- think again -- 8 basic movements but an infinite variety of timings and combinations."

Upcoming Events

June 28 - July 4

11th Annual Nat'l Cloggers Festival
Provo, Utah Contact Cloggers
Festival, P.O. Box 903, Orem UT 84057

July 9

CLOG Kickoff Dance
6:30 PM to ? PM Contact: Mars
Reynolds, 3941 Fairfax Dr.,
Chattanooga, TN 37415
(615) 877-4652

July 11 - 13

U.S. Clogging Championship Nashville,
Indiana Contact Peg McLerran
R.R. 2, Box 216, Solsberry, IN. 47459
(812) 825-4072

July 18 - 20

Double Toe Times Competition Workshop
River Ranch Resort, Lake Wales, Florida
Contact Bobbie Adams, P.O. Box 1004
Longwood, FL 32750 (305) 834-8255

July 24 - 26

5th Canadian National Square and
Round Dance Calgary Convention
Center. Contact: John Thomson,
3608 54th Av. S.W., Calgary, Alberta,
Canada T3E5H4 (403) 246-4440

July 26 - 27

Illinois State Square Dance Convention
Peoria, Illinois, Contact - Orvie Haun
2213 1/2 Court St., Pekin, IL 61554
(309) 353-6624

August 1 - 3

Blue Ridge Mountain Clogging
Competition Georgia Mountains
Center, Gainesville, GA Contact Kerry
Thomas, P.O. Box 56571, Atlanta, GA
(404) 925-3842

August 6 - 9

Possum Trot Clog Camp, Fontana
Village, NC Contact: JoAnn Gibbs,
3452 Summit Ridge Dr., Doraville,
Georgia 30341

August 8 - 10

Central Florida Clogging Celebration
Expo Centre, Orlando, FL Contact
Jacky Egli, P.O. Box 1328, Longwood,
FL 32750 (305) 886-1563

August 15 - 16

Canadian Clogging Festival Aurora,
Ontario, Canada Contact Sylvia
Hunka, 5 Springhouse Sq. Scarboro
Ontario M1W 2X2 Canada
(416) 498-8032 or 261-1517

August 23

West Virginia Clogging and
Hoedown Championships, Civic Center
Charleston, WV Contact CBS
Travelers, 910 Scenic Dr. Charleston,
WV 25311 (304) 744-2952 or 344-1975

August 23

Kountry Kloggers Hoedown 7 PM,
Rural Development Center, Tifton, GA
Jean Hasty, Rt. 5, Box 331, Tifton,
GA (912) 382-8166/382-3913

August 23

CLOG Kickoff Dance - Big John &
Shirley Walters, Tandy Barrett, Steve
St. Clair & Betty Jean Almond
10 to 4, \$1.00 Donation. Contact
Betty Jean Almond, #6 Little-
john Circle, N.E., Rome, GA 30161
(404) 295-1818/291-4836
To be held at Berry College, Rome, GA

August 29 - 30

Statesboro Clogging Festival, States-
boro, GA Contact: Buzz Ruis, Rt. 4,
Box 136, Lyons, GA 30436 (912) 557-6970

August 29 - 31

SCCA Clogging Convention
(Southern California) Contact P.O.
Box 7698, Mission Hills, CA 91346

September 19 - 20

Iowa Fall Clogging Workshop
Cedar Rapids, IA, Contact: Chuck
Lovig, Box 3011, Iowa City, IA 52244
(319) 643-7459

September 26 - 29

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or Toll Free (800) 336-TOUR

September 27

CLOG Kickoff Dance
Chattanooga Area Cloggers
Patti Scoggins (615) 472-9800/476-3565
Regina Ufford (615) 892-7094/851-1535

October 12

Clogging Assoc. of Wisconsin Fall
Workshop. Contact Darlene Back, 6910
Sunset Strip, Wisconsin Rapids, WI
54494 (715) 3252722

October 17 - 18

Missouri Fall Workshop, Moberly, MO
Contact: Brenda Martien, Rt. 3, Box 444,
Ozark, MO 65721 (417) 485-2106

October 18

Louisville Area Clogging Assoc. Fall
Workshop Knights of St. John Hall,
Contact: Lonnie & Dana Curl, 413
Brooks Hill Rd, Brooks, KY 40109
(502) 957-5348

October 24 - 25

Jacksonville Clogging Jamboree
Contact: Sally Thompson, 1560
Grove Park Blvd., Jacksonville, FL
32216 (904) 642-4222

October 25

Iowa State Clogging Convention
Cedar Rapids, Iowa Contact: Bob
Kelchen, 917 Regent St., N.E.,
Cedar Rapids, IA 52402
(319) 393-8171

November 29 & 30

3rd Annual National C.L.O.G.
Convention Hamilton County
Trade Center, Chattanooga,
Tennessee Write: JoAnn Gibbs,
3452 Summitt Ridge Dr.,
Doraville, GA 30340
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POLICY REGARDING LISTING IN UPCOMING EVENTS:

State or National (Non-Profit) Clogging Organization and functions put on
to benefit a Nationally recognized Charity will be listed FREE, space
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Upcoming Events through the month of the Event.

COMPETITIVELY SPEAKING

By Steve Smith
281 Boiling Springs Dr.
Lexington, Ky. 40505



Taking Care of Those Valuable Feet

We clog with our feet! That we need healthy and 'unhurting' feet goes without saying. I decided to write this article because of some painful personal experiences with injured feet. This is a two-part article with the first article emphasizing the need for clogger knowledge about foot care, with some illustrated foot-strengthening exercises. The second article will delineate some of the foot care aids that you might decide to use to avoid foot injuries. Foot-stretching exercises will be illustrated in the second article.

As a clogging instructor, I have had numerous students drop out of class due to foot, leg and knee injuries. They are often disappointed and hopeless, not knowing that there are some strategies that may help them rehabilitate.

In April of 1982 at the National Clogging and Hoedown Douncil's Spring Meeting in Ohio, I severely injured a nerve in the top of my foot. I continued to dance with MUCH pain. I had classes to teach, exhibitions to perform, competitions to go to, and worst of all, I just wanted to CLOG!

To make a long story short, I refused to stop dancing which aggravated the injury and made it impossible to heal. Finally, after many doctors (each giving different advice ranging from surgery to dietary changes) and much wishful thinking on my part, I did what I had to do. I STAYED OFF OF MY FEET!

I was given crutches and told not to walk on my injured foot for 4 - 6 weeks. The emotional pain was excruciating -- I thought I would die. However, life went on. I caught up on schoolwork that needed to be done and Janet ran classes. I found out that competitions ran on without me and exhibitions could be cancelled. Those were gloomy days but I learned patience and learned to truly respect my feet. I had treated them miserably for 3 years and they were telling me the only way that they could with pain. I had danced in street shoes without support or padding, on concrete many times. I had stomped, jumped, and beat my feet unmercifully. It was time to stop. It was six more months before I could BEGIN to clog. It has taken four years to return my feet to their rightful state of health. I have learned much on how to care for MY feet. I hope that the information I share with you will be helpful so you can care for YOUR feet!

I divide foot care into four categories:

- (1) Stretching Exercises: Warms and stretches the muscles-helps to avoid tears and pulling of the ligaments, tendons, and nerves.
- (2) Strengthening exercises: Builds the ligaments and supporting tissues of the foot.
- (3) Foot Supports: Provide support for the pounding that clogging feet take.
- (4) Shock absorption: Cushion shock of repeated impact between foot and surface.

Illustrated below are four foot-strengthening exercises that require only a 2 - foot piece of surgical tubing (get a medical friend to get you a piece). Make a loop at both ends using white adhesive tape tightly bound to secure the loops. One loop will go around your foot. The other will serve as a way to anchor the other end. Simply wrap the tubing around the leg of a couch or some other heavy object and then thread one loop through the other. Now you are anchored to the furniture. Slip the other loop around your foot as illustrated.

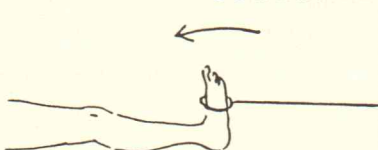
Work up to 50 repetitions on the Dorsiflexers, Inverters and Everters. Thirty repetitions on the Plantar Flexors will do nicely. Plantar Flexor exercises are particularly important to avoid heel pain resulting from tears in the plantar fascia.

I made the mistake early in my rehabilitation, of thinking that if I just stayed off my feet, then they would heal. That was only part of the treatment. I also had to rebuild the muscles that had atrophied. I continue these exercises today and consider them very important to my foot maintenance. Give them a try, and I'll have some new ones for you next month. We'll also talk about stretching exercises, foot supports, and shock absorption.

I'm Cloggingly yours,

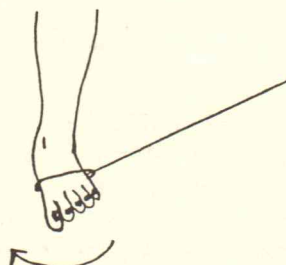
Steve Smith

STRENGTHENING



DORSIFLEXERS

1. Tubing around foot.
2. Pull ankle toward your head.
3. Return slowly to starting position.



INVERTERS

1. Tubing around foot.
2. Move your foot and ankle from extreme out to extreme in position.
3. Return slowly to starting position.

Continued on Page 14

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1986 Mississippi Champions

By Carolyn Woodruff,
Publicity Chairman

The annual Mississippi Clogging Competition, held in Meridian Saturday June 7, 1986, determined the State Clogging Champions for the year. The event is sponsored by the Mississippi Association of Clogging Instructors (MACI) and was hosted this year by the Queen City Cloggers of Meridian.

Out-of-State Judges were Kevin Sellow, Mobile, Alabama; Butch Antone, Cantonment, Florida; and Morris Taylor, Forkland, Alabama. Emcee for the event was Robert Barnes, Albany, Georgia.

Winners in each category:

Individual Freestyle - Female; 6 & under - Charlotte Davis; 7 - Aimee Gough; 8 - Delina Adams; 9 - DeAnn Frazier; 10 - Nicole McCary; 11 - Ashley Jackson; 12 - Gina Long; 13 & 14 - Christy Vaughn; 15 to 18 - Stella White; 19 to 30 - Cindy Alday; 31 & above - Evon Harris. All Ages Male - Tony Doggett.

Duet Category:

7 & under - Aimee Gough & Tiffany Thomely
8 thru 10 - Nicole McCary & Holly Harbour
11 thru 14 - Stella White & Sheila Sciples
15 thru 18 - Gina Fuller & Amelia Tolbert
19 thru 30 - Stephanie Davis & Cindy Alday

Team Competition:

11 thru 14 Kalico Kids

Line Dance Competition:

7 & under - Queen City Elementary
8 thru 10 - Dixieland Elementary
11 thru 14 - Kalico Kids

Show/novelty group Competition:

Seven & under - Queen City Elementary
8 thru 10 - Somethin' Southern
11 thru 14 - Kalico Kids
19 thru 30 - Southern Shine

The annual general membership meeting of MACI was held June 8, 1986. New officers are: President - Peggy Hayes, Vice-President - Mary Ann Stanley, and re-elected as Secretary-Treasurer was Carolyn Woodruff.

Dear Elvira:

Dear Elvira: I'm curious. Why do they put mirrors on vending machines. Larry

Dear Larry: So you can see how you look when the candy doesn't come out. Elvira

Dear Elvira: Texans are always talking about big things. Have there been any really big men born in Texas. Allen

Dear Allen: Nope. Only babies were born there. Elvira

dubbly towed papper edditur

deer mr adams - i am a reglar riter for the mule papper an i mised the dedline. this here advise is fer mye fren furrmin. i got to git it in frunt of him in a hurie or Aunt Sadie wil skin me aliv. wud yew print it?

Editors note: We took the liberty of retyping Mr. A. Nonemus' letter, since it was done in pencil on brown butcher paper. Otherwise it is exactly as we received it. Some of our long time readers may remember Mr. Nonemuses articles on Skeester Dancing.

Deer firmine

mye bruther deebers girl letty you member the won what got above her raisin wel shees bowt the glomiest sadest think you ever did see. she jest looks at thet pitcher of you you no the won in the looevil book an bawls lik a caff. seems lik som bodie tol her you was gittin married up to thet freckel faced kay an letty went all to peeces. now her daddy deeber tol her she dint hav a chanct with you letty is 6 feet 4 inshs in her bear feet an shees just willd bout spendin money. Aunt Sadie don tol her no feller likes a flibbertygibbet spendy thrifft woman specciallie won to big to spank. Aunt Sadie sed to tell you thet gittin hitched up is seeryus biznus. she wants to no how many akers kin this kay plow fore noon. an does she tak tinee stitches in her qwilts. Aunt Sadie sed she kin tell a good wif bye her bredanbuter pickel recipees. tel kay to sen her pickel recipee to Aunt Sadie reel quwik and then Aunt Sadie will tell you wether to mary her or not. Uncle Eb had a lot to say bowt this gittin married stuf but i dont think Aunt Sadie heerd him.

furman ovr maters is beginnin to come on an mye they tastes good. it has been rainin al spring an the corn wil be late. mye chicken is settin an wil soon hav som biddees runin roun. them ole ginnee hens get reel secretee bowt there nestus an somtims the fox gits em. yew reely ought to git you som ginnees - they set up sutch a hollern wen sombodee comes on mye place. there plum bettern a doorbell. Aunt Sadie an Uncle Eb is savin there buteranegg money fer thet big do in Chatenooga. shes jest sure shes got a cuppel a cuzzins what livs rite neer there. wel furmine an kay good luk. yur fren A.

Dear Elvira: This guy got me drunk, took advantage of me, then disappeared. What can I do? Are all men like this? W.T.

Dear W. T.: You have just experienced a typical male, wine, women, and so long. Elvira

Dear Elvira: What do you think about a couple who have been married ten years and spend every night at home? Vera

Dear Vera: Some people call it love. Doctors call it arthritis. Elvira



3rd ANNUAL NATIONAL C.L.O.G. Convention

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Step Workshop

By Chris Rawls

Pushup (Gail Derr)

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+1 2 + 3 + 4 + 5

r r l r r
-DS-DR-STEP (XIF)-TOE (XIB)-SL
+6 + 7 + 8

On first ball push off the floor and land on same ball. Heel is really a touch.

Defrost (Chris Rawls)

l r l r l r l r l r
DSRS-DSRS-DS-DS-BALL & TOE (XIB)-BALL &
+1+2 +3+4 +5 +6 + 7

l
HEEL (FRONT)-PAUSE
8

Switch Step (Jean Stephenson)

r l r l r l r l r l r l r l r l
DS-DS-DS-RS-PAUSE-STEP & HEEL BR-SL-DSRS
+1 +2 +3 +4 + 5 6 +7 +8

"Step & Heel Br" must be done at exactly the same time.

Reel Step (Chris Rawls)

l r l r r l r l r l
DS-DT (FRONT)-SL-STEP (XIB)-HOP-STEP-DS-DS
+1 + 2 3 + 4 +5 +6

r l
-DS-DS
+7 +8

Butterball (Chris Rawls)

r l r l r l r l r l r l
DSRS-DSRS-HEEL-STEP-RS-HEEL-STEP-RS
+1+2 +3+4 + 5 +6 + 7 +8

Rest HEEL on floor and swing toe outward. Then, bring toe down to complete the STEP.

These steps are incorporated in three dances by Chris Rawls and Gail Derr: 1. "Country's Alive and Doing Well" (Jerry Reed), 2. "Can't Stop Now" (Reba McEntire), 3. "Roll Tennessee River" (Oak Ridge Boys).

Between friends there is no need of justice. Wishing to be friends is quick work, but friendship is a slow-ripening fruit. My best friend is the man who in wishing me well wishes it for my sake.

Aristotle

"I keep my friends as misers do their treasure, because, of all the things granted us by wisdom, none is greater or better than friendship itself."

Pietro Aretino July 7, 1537

FCC State Convention

Mike Thompson captured the imagination of the Double Toe Times photographers - this Editor received 16 photos and this cartoon! "I don't like it, and I don't want to do it. Tacky, Tacky! It's not ME. I'm an Arteest! I want to Sing and Dance. I want to be a Pirate in the Pirates of Penzance. In me silver buckle slippers and me tight satin pants, I want to sing and Dance!"

Perrier, with lime in it . . .

Escargot . . .

Croissant?

New Florida Clogging Council Officers:

President: Jane Grove

Vice-President: Diana Allen

Treasurer: Mike Thompson

Secretary: Lynn Cleary

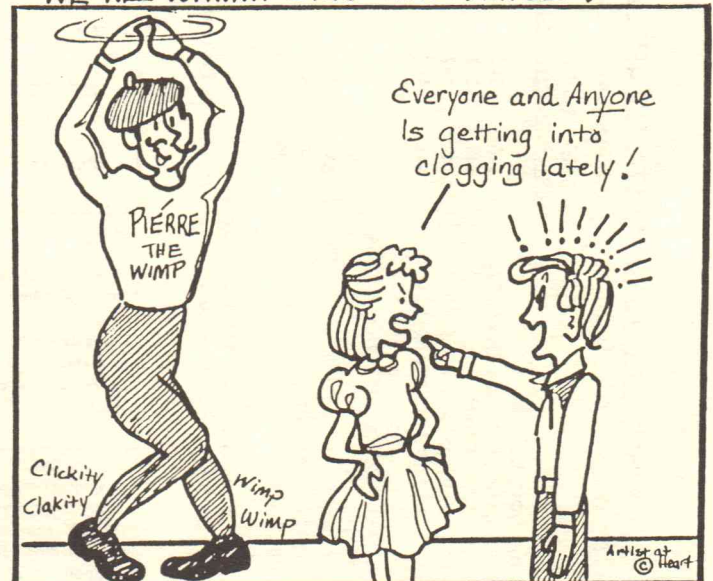
Membership Chairman: Connie Talbert

1987 Convention Chairman: Mary Jean Wright

Footnotes Editor: Sharon Owens



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October 24 - 25, 1986

SPONSORED BY J-VILLE CLOGGERS - SANCTIONED BY FLORIDA CLOGGING COUNCIL

LOCATION

Civic Auditorium - 300 Water Street - Jacksonville, Florida

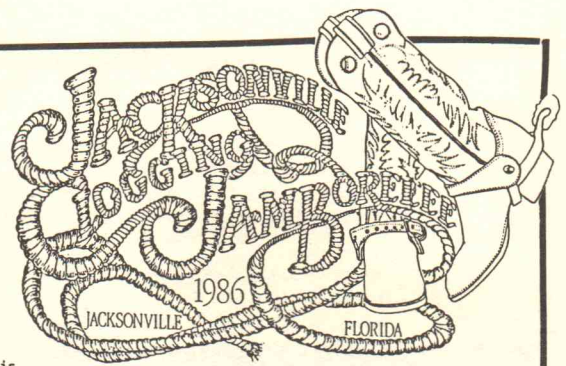
FRIDAY

1:00 pm - 4:45 pm Workshops
7:00 pm - 11:00 pm Exhibitions & Workshops

SCHEDULE OF EVENTS

SATURDAY

9:00 am - 12:00 pm Workshops
1:00 pm - 4:15 pm Workshops
7:00 pm - 11:00 pm Exhibitions & Review



\$12.00 per person to OCTOBER 5, 1986. \$16.00 per person after OCTOBER 5TH and at the door. 12 and Under is \$6.00 in advance and \$10.00 at the door. Florida Clogging Council (FCC) card bearing members will receive a free badge for participating in the 7th Annual Jacksonville Clogging Jamboree upon presentation of card at door. Spectator Cost: \$3.00 per person per day or \$5.00 for entire weekend.

Plaques will be presented to (1) the group traveling the longest distance to attend the Jamboree, (2) the group with the most members participating in an exhibition (excluding the J-Ville Cloggers), (3) the youngest clogger and (4) the oldest clogger. Any group or individual receiving a plaque three times in a row will be retired after the third year.

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Chris Rawls
David Spencer
Kevin Sellw
Marge Callahan
Noele Derr
Marty Maddox
Diana Allen
Greg Dionne
Scott Bilz
Donna Robbins
Chip Futrell
Elliot Skeen
Renee LaBrie
and others

To Contact Sally Thompson,
See Directory, Page 19



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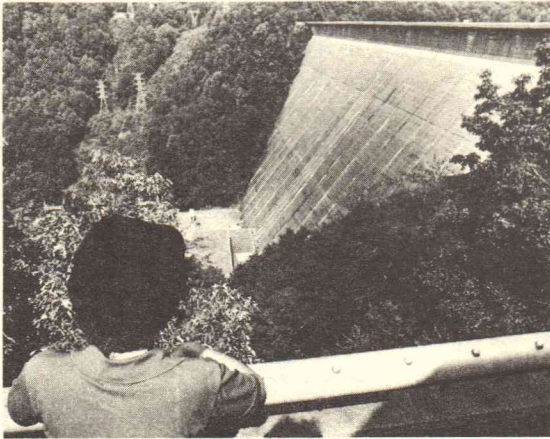
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Fontana Lake (right), surrounded by North Carolina's Great Smoky Mountains, was created in the 1940's and has become a popular mountain vacation spot.

Fontana Dam (below), built during World War II, is still the highest dam east of the Rocky Mountains.



more than 700,00 cubic yards of earth and rock, and totaled a bill of \$77 million. They left behind a 480-foot-tall dam, which backed up a 10,640-acre lake that aided flood control and generated needed electricity. They also left behind a boomtown, one that thankfully didn't go bust and disappear after its meteoric rise. Instead, the site became the 350-acre Fontana Village Resort, which caters to vacationers and sightseers from spring through fall.

Fontana Dam itself remains a top sightseeing stop in the area. A massive wedge of concrete, the dam has three immense turbine-generators with a total capacity of 238,500 kilowatts, which makes it one of TVA's most powerful dams. In odd contrast to so technical a fact and setting comes this: The Appalachian Trail itself marches right over the top of the dam and through the village.

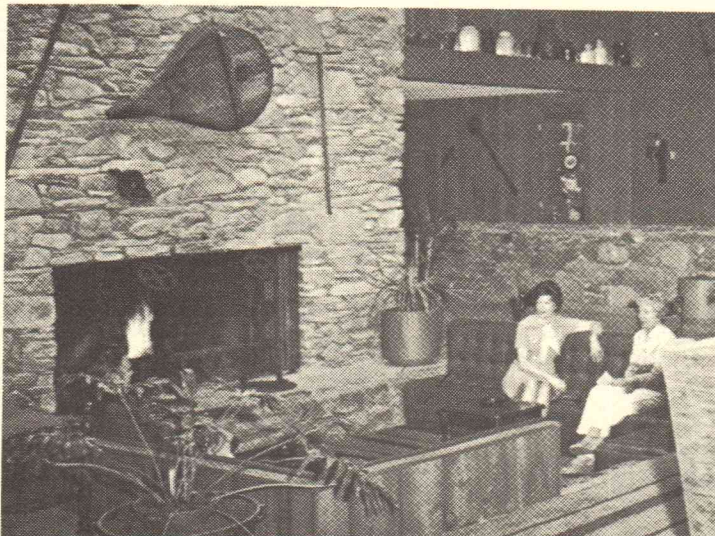
The lake, too, is a major attraction. Some 29 miles long, Fontana is ringed by the green peaks of the Great Smoky Mountains. Its cold, clear waters

harbor catfish and smallmouth and largemouth bass. The icy mountain streams that tumble into the 400-foot-deep lake are home to mostly rainbow trout, but there are also some good-size brown trout in Hazel Creek.

Fontana Village, in the heart of all this mountain beauty, has changed quite a bit from its first years. Vacationing families come to rent its 225 cabins, many of them built for that early construction crew. The former hospital has become the 33-room Fontana Lodge, but many guests nowadays come to stay in the more modern Fontana Inn, which was added in 1975. Regardless of where they stay, though, Fontana's visitors share a common, good experience.

At the resort they find hiking trails, tennis courts, a nine-hole golf course, horseback riding, swimming pools, a movie theater, a mountain crafts shop, and even a well-stocked trout pond for those who prefer their angling a bit less wild. Square dancing three nights a week during the summer, along with special square-dancing events in the spring and fall, have turned the resort into the self-proclaimed "Square Dance Capital of the World."

Those are the pastimes that give the resort its decidedly down-home flavor, a flavor that keeps people returning. "They remember just what a great place it is," concludes one resort employee, "and what a good family vacation it is."



The Fontana area lies 65 miles from Knoxville and 95 miles from Asheville, North Carolina, on S.R. 28. The resort is open from March through November. For information or reservations, write to Fontana Village Resort, Fontana Dam, North Carolina 28733; or call (704) 498-2211. The out-of-state, toll-free number is 1-800-438-8080 (east of the Mississippi).



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FLORIDA FEDERATION of SQUARE DANCERS

May 30, 1986

Re: Victory Celebration Dance
Florida State Capitol, Tallahassee



Bob Bland, Rex Akridge, Nan & Frank Habersberger

We are happy to announce the good news, that our Resolution, HCR 740, was passed by a large majority by both the House of Representatives and the State Senate, with no dissenting votes. We are now the "American Folk Dance" (of the State of Florida)

We have asked all of the State Organizations to alert their Member Associations and Members to be ready to come and join us at Tallahassee for this Victory Dance Celebration. We have received word from Pat Ernst, Administrative Assistant to Representative Walter C. Young, the Principal Sponsor, that a decision is to be made on June 20th as to the exact date Governor Graham will sign the Resolution. The closest target date is July 7th. When we learn of confirmation of this date, or a change to another date, we shall phone the Presidents of all Associations, or write if time permits, so they will have adequate time to collect as many Dancers as possible to participate at this Historic event.

The Dance Program Chairman will be Bob Bland, Past President of the Florida Callers' Association. He will coordinate the planning with the appointed representatives of the Round Dance Council of Florida and the Florida Clogging Council. The Presidents of all Florida State Organizations and their Member Associations are invited to join us when the Governor presents us with the signed Resolution, which then becomes Law. We have requested signed "originals" for each State Organization, and recommend that they have copies made for their Member Associations, for their Historical Records.

Sincerely,

Frank & Nan Habersberger,
General Chairman,
American Folk Dance Campaign

Florida House of Representatives - 1986

HCR 740

By Representatives Young and Tobiassen

A concurrent resolution designating the square dance as the American folk dance of the State of Florida

WHEREAS, love of state and professions is enhanced by the traditions that have become a part of our way of life and the customs of the American people, and

WHEREAS, we have distinctive and meaningful symbols of our ideals in our state's flag and in many cultural endeavors, but no official designation of a state folk dance, and

WHEREAS, the square dance, which was first associated with the American people and recorded in history since 1651, has consistently been the one dance traditionally recognized by the American people as a dignified and enjoyable expression of American folk dancing, and

WHEREAS, square dancing is the American folk dance which is called, cued, or prompted to the dancers, and includes squares, rounds, clogging, contra, line, and heritage dances, and

WHEREAS, official recognition of the square dance will enhance the cultural stature of Florida both nationally and internationally, and

WHEREAS, it is fitting that the square dance be added to the array of symbols of our state character and pride, NOW, THEREFORE,

Be it Resolved by the House of Representatives of the State of Florida, the Senate Concurring:



TV Channel 6 Weatherman Mike Burger, does a neat heel and toe with the Sunshine Cloggers. Partner Peggy Young and Director Sue Toor (with microphone), joined Emcee Mike Burger for a Florida Hospital Day in the Altamonte Mall - Central Florida.

4th ANNUAL BLUE RIDGE MOUNTAIN CLOGGING COMPETITION



August 1-2-3 1986

The Georgia Mountains Center, Broad Street, Gainesville, Georgia

Friday, August 1, 1986 3:00PM - 11:00PM
Saturday, August 2, 1986 9:00AM - 11:00PM
Sunday, August 3, 1986 9:00AM - 6:00PM

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August 29-30
1986

Georgia Southern College
Statesboro, Ga.

Cost: \$14.00 per person to August 1, 1986. \$18.00 per person after August 1 and at door. 12 and under is \$10.00 in advance and \$14.00 after August 1 and at the door. Spectator cost \$3.00 per day or \$5.00 for entire weekend.

Instructors

Elliott Skeen - Denton, N.C.
Marge Callahan - Jacksonville, Fla.
Diana Allen - Green Cove Springs, Fla.

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THURSDAY

Intermediate II -- 7 - 8:15 pm
Advanced -- 8:15 - 9:30 pm



SEPTEMBER 27th, 1986

Workshop: 10:00 am to 5 pm
Request & Review: 7 pm to 11 pm

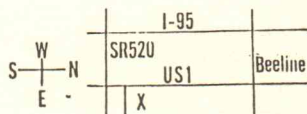
Motel: Howard Johnson, US 1, Cocoa, FL 32922
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Instructors: Marge Callahan, Sugar Foot Family
Team, Jane Grove, Gail Hunter,
Mike Thompson, Ray Grimm,
Derald Grice

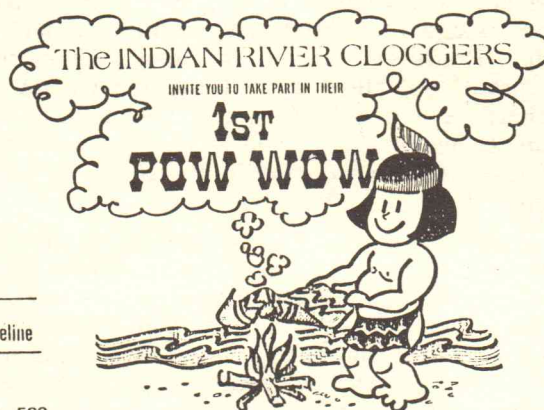
Cost: \$5.00 per Dancer in advance
\$7.00 per Dancer at the door
\$2.00 Spectator

Pre-Registration Deadline: August 18th, 1986

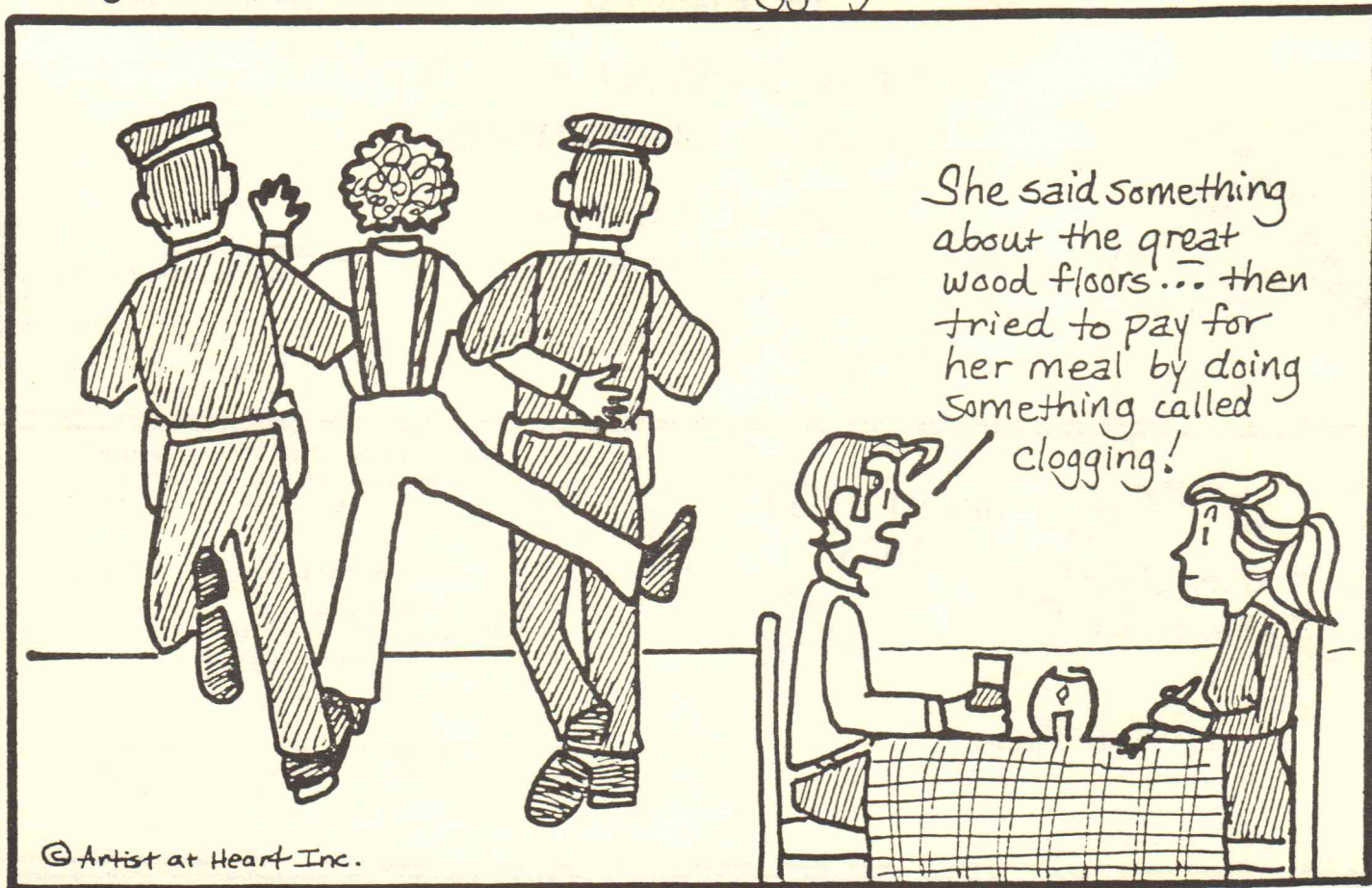
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Cocoa, FL at US 1 & S.R. 520
under the Cocoa Water Tower



This month's "Who's Who in the Clogging World" Award —



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TELL IT TO THE JUDGES



By Don and Heather Griffith

Q. We noted on our score sheet (line team competition) that you stated we were dancing too long. Would you explain this?

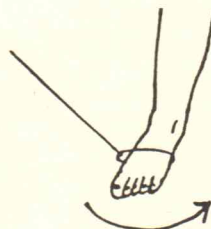
A. We assume that you mean the length of the routine was more than it needed to be.

A good amount of time for a line dance competition routine is 3 to 4 minutes. During that time, the judges have plenty of time to see steps, formations, stage use, creativity, costuming, and showmanship. Routines that run too long take more time to be practiced, allow more time to be filled with repetitious steps and figures, and give contestants more time to make timing and spacing errors, and (with a number of teams competing) extend the competition time.

Most competitions have time limits on line dance routines. Practically all have maximum time limits. Some have minimum time limits. We recommend writing a line dance routine to a standard length record. Three minutes is a good amount of time, but it is important to read competition rules in advance. There are stiff penalties for going over most time limits.

Page 14

Steve Smith - Foot Care Continued from Page 4



EVERTERS

1. Tubing around foot.
2. Move your foot and ankle from extreme in to extreme out position.
3. Return slowly to starting position.



PLANTAR FLEXORS

1. Stand erect on step.
2. Raise up onto your toes.
3. Lower yourself so your heels drop below the step as far as possible.
4. Return to starting position.

Some Chinese typewriters have 5,700 characters. The keyboard is almost 3 feet wide on some models, and the fastest one can type on these machines is 11 (eleven) words per minute.

From 2201 Fascinating Facts



1986 DENVER NATIONAL COUNTRY WESTERN DANCE CHAMPIONSHIPS

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*YOUR HOSTS ARE THE WINNERS OF THE OVERALL GRAND CHAMPIONSHIPS AT RENO 1985 AND SAN FRANCISCO 1986. THEY WILL NOT COMPETE IN THIS CONTEST

"By the Sea"

by Shirley Heyward

The "By the Sea" Clogging Festival was held in North Myrtle Beach, SC on May 16 & 17, 1986. There were more than 200 cloggers and 160 spectators in attendance and it was a "FUN" weekend for everyone.

Chip Futrell did an excellent job of putting the program together and was assisted at the festival by Eddie White and Elliott Skeen.

Friday night started out with request dances. Elliott taught some easy buck steps and Eddie taught Get Back to Country.

Saturday's events started at 9:00 a.m. and something was offered for everyone throughout the day. The program included easy to advance Line Dances, a Seminar on Line Dance Choreography, Southern Appalachian free style figures and four couple precision clogging routines.

Saturday night was request time as well as review of workshop material. Everyone enjoyed the exhibitions performed by the O.D. Cloggers (our host team), the Elementary, Junior & Senior teams of The Good Time Cloggers, the Low Country Cloggers, The Dixie Dolls, The Harlem Heelclickers, The Honey Bee Cloggers, The Buck Mountain Cloggers, Hickory Flat Hoedowners, Jen's Little Stompers, Dixieland Delight Cloggers, Dixie Dew Cloggers and our special guest, Simone Nichols. We were delighted to have Simone take time off from her busy schedule to come to our festival.

By 11:00 p.m. everyone was ready to go out and party or go to the motel and collapse in the bed.

Thanks to all the cloggers and spectators who attended and helped us make it a "FUN" weekend. We look forward to having all of you back next year.

S.C.C.C. Stampede

by Shirley Heyward

The 2nd Annual South Carolina Clogging Council Stampede was held in North Myrtle Beach, SC on March 21 & 22, 1986 at the North Myrtle Beach Community Center. The O.D. Cloggers were the Host Team. They worked very hard preparing for the weekend with the results being lots of door prizes and a free weekend at the beach for some lucky clogger. In addition, they sold chances to win three more free weekends at big hotels on the beach.

Our staff, consisting of Stacy Goforth, Meridian, MS, Chip Futrell, Denton, NC and Scott Prentice, Aiken, SC, did an excellent job. They taught many new line dances, the favorites being "Bop" and "Stir It Up", along with Basic to Advance Buck Step Combinations.

Membership in the S.C. Clogging Council is open to all cloggers for an annual fee of \$8.00. If you wish to join, mail your check to S.C. Clogging Council, Mr. George Phettplace, P.O. Box 104, Johns Island, SC 29455. The council officers are: President, Simone Nichols; Vice Pres., Jean Stephenson; Secretary, Sandra Ward; Treasurer, George Phetteplace; Newsletter Editor, Sarah Hardee. Newsletters are mailed out quarterly.

The Officers meet several times during the year and the Council meets at the conclusion of the annual dance. Next year the dance will be held March 13 & 14, 1987.

For additional information on membership or the dance contact: Simone Nichols, Rt. 3, Box 307B, Walhalla, SC 29691 or Phone: 803/638-6002.

Join us won't you. We'd love to have you !!!



The Cabbage Patch Cloggers, under the direction of Elvi Lamping, began two years ago with approximately ten children. This St. Petersburg, Florida group has grown to nearly 40 youngsters and are

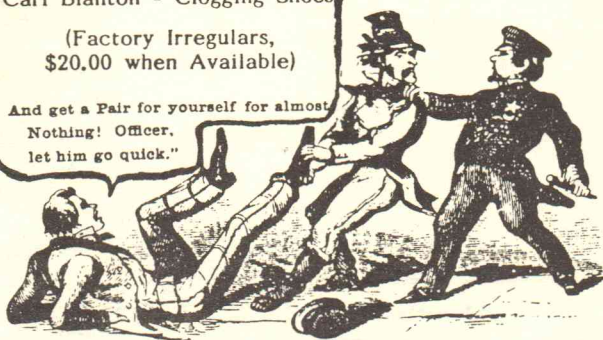
divided into three age groups. Recently they were chosen to be regular cast members of "America for America - Made in the U.S.A" which will tour Florida with Bob Hope later this year.

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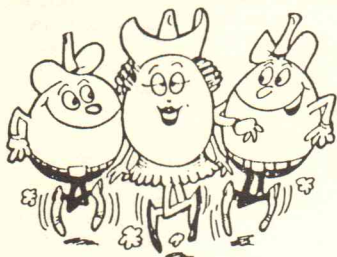
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FRIDAY
 7:30pm - 10:30pm

SATURDAY
 9:00am - 10:30pm

SUNDAY
 10:00am - 2:00pm

AUGUST 8, 9, 10, 1986

* Line Routines
 * Two-Step
 * Country Line
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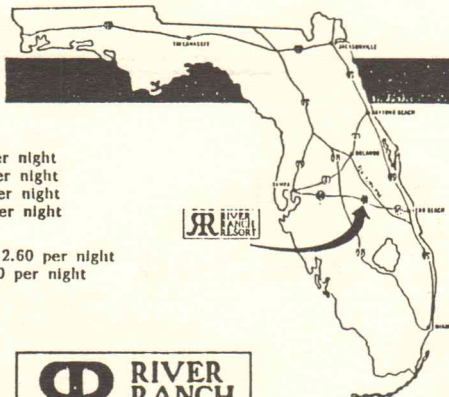
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Saturday July 19th - 9 AM to 10 PM
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