

MMM Bop

Intermediate Plus Line Dance

Record: "MMM Bop" by Hanson

Choreography: Adam Mowry 33 Lois Drive Cheektowaga, NY 14227 (716)668-8744 With help from Driggs...!

Left Foot Lead Wait 32 Beats

PART A

L DS T S R S KICK S DS H(F)_____
 R S(XIF) DS S T S S S SL
 &1 & a 2 &3 & 4 & a 5 & 6 &7 & 8

L DS SL R DS R R_____
 R DT(B)-TURN ½ L DS S DS S S
 &1 &a 2 &3 & 4 &5 &6 & 7 & 8

Repeat to face front

PART B

L KICK S H S DR T S(XIB) S DR DS H(F)_____
 R T S(XIB) KICK S H S DR S S SL 2
 & 1 a & a 2 & 3 a & a 4 & 5 & 6 &7 & 8

L DT BO(XIB) BO SL BO(XIF) H(F)_____
 R BO(XIF) H(F) DT BO(XIB) BO SL
 &a 1 & 2 &a 3 & 4

L DS R_____
 R KICK(B) & turn ½ L DS S
 &5 6 &7 & 8

Repeat to face front

PART C

L DS S CLAP CLAP CLAP CLAP DS R_____
 R R STAMP CLAP CLAP STAMP CLAP S DS S
 &1 & 2 & 3 & 4 & 5 &6 &7 & 8

L DS S(XIF) S S S R_____
 R DS T(B) S H PIVOT ½ L R DS S
 &1 &2 & a 3 & 4 5 & 6 &7 & 8

Repeat to face front

BREAK

L S S S STOMP_____
 R S S S PUNCH FIST
 1 & 2 & 3 & 4

L S BO(OTS) BO(XIB) PIVOT ½ L
 R S S BO(OTS) BO(XIF) PIVOT ½ L
 5 & 6 & 7 8

Repeat to face front

ENDING

Do a Flatley Step & one heel pivot turning 360° to face front Flatley and Heel Pivot

Sequence: A-B-C-BREAK-A-C-B-C-A-BREAK-C-C-ENDING

PART A

Cross Step & a Basic,
Kick & Step & a Burton
moving left

Karate Basic and Fancy Double

Repeat

PART B

Kick Basics
Drags & a Burton
moving forward

Hey Hey!
backing up

Karate Basic

Repeat

PART C

Flatley

Heel Pivot
turn ½ left

Repeat

BREAK

Run & Punch
moving forward

Back Up & Turn
backing up and turning left

Repeat

ENDING